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I say you're going to see a doctor, you may be referring to two types of medical professional: MDs and DOs. Each title refers to the type of degree and licensing the doctor has. Both MDs and DOs have similar training and duties, but they differ in a few key areas. MDs and DOs are two types of medical professionals. The titles refer to the type of degree and licensing the doctor has. Both MDs and DOs have similar training and duties, but they differ in a few key areas. MDs and DOs are two types of medical professionals. The titles refer to the type of degree and licensing the doctor has.

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MDs stand for Medical Doctors, while DOs stand for Doctor of Osteopathy. MDs are trained in allopathic medicine, which focuses on treating diseases by opposing or counteracting them. DOs are trained in osteopathic medicine, which emphasizes the body's ability to heal itself through its own resources. Both MDs and DOs can prescribe medication and perform surgery. However, DOs often focus more on holistic care and preventive medicine.

The main difference between MDs and DOs lies in their training and philosophy. MDs complete four years of medical school, followed by a residency program. DOs complete four years of medical school, followed by a residency program. However, DOs also receive additional training in osteopathic manipulative medicine (OMT), which involves using hands-on techniques to diagnose and treat musculoskeletal issues. This training gives DOs a broader perspective on the body as a whole and its relationship to health and disease.

In terms of practice, MDs and DOs often work in similar settings, such as hospitals, clinics, and private practices. They both play a crucial role in diagnosing and treating patients, providing comprehensive medical care. While there are some differences in their training and philosophy, MDs and DOs share a common goal: to provide the best possible care for their patients.



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