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Digital headscarves are common among young women, while older women prefer darker colors. Kurdish clothing is among Iran's oldest and most distinctive. It varies slightly across different Kurdish tribes, but the basic structure remains the same. Researchers have found similarities between Kurdish clothing and the attire depicted in Achaemenid bas-reliefs, showcasing its long history. Traditional Persian

clothing: from historical attire to modern adaptations 22 Men wear chouka (a type of tunic), trousers, headscarves, waistbands, and hats. Women's Kurdish attire features bright colors, reflecting the region's vibrant landscapes. Even in mourning, they avoid wearing black. Their clothing uses fabrics like tulle, chiffon, satin, and velvet, adorned with beadwork, embroidery, and sequins. Traditional persian clothing: from historical attire to modern adaptations 23 Women wear a long dress, known as kras, made from high-quality fabric, and a belt wraps around the waist. They wear embellished scarves or a hat called klaw. The klaw is adorned with gold embroidery or sequins and sometimes draped with a decorative headpiece. Gilan's traditional clothing is known for its cheerful colors, mirroring the region's nature. Styles vary across Ghasemabad, Talesh, and Rasht. Traditional persian clothing: from historical attire to modern adaptations 24 Voluminous skirts and embroidered vests are common across the region, showcasing intricate needlework. Their blouses are slit on the sides and feature decorative trimmings. Silk versions are often worn at weddings. Women also wear vests, which can either be open or have three buttons. The short skirt is called Tuman, while the longer version is Daraz Tuman. Traditional persian clothing: from historical attire to modern adaptations 25 In the past, the bright colors of these garments also signified the social roles of women. For example, white skirts indicated that the wearer was unmarried. They also used colorful shawls during work. A visit to Abyaneh reveals vibrant clothing with distinctive patterns. The traditional attire here is nationally recognized for its unique elements. Traditional persian clothing: from historical attire to modern adaptations 26 Women in this picturesque village avoid wearing black and prefer floral headscarves. These scarves set Abyaneh's clothing apart from other regions. They wear long shirts, known as yal, often made from brocade fabric, along with voluminous skirts and hand-woven socks. Chador-shab (night shawl) are woven by the women themselves. Young women wear yellow shawls, while the older generation prefers red. Traditional persian clothing: from historical attire to modern adaptations 27 Men in Abyaneh typically wear loose black-and-white trousers, vests, and woolen hats. They often make their hand-woven shoes called givoh. The traditional Azerbaijani attire reflects the region's heritage. Historically, locals wore urban, rural, and nomadic styles, though these have now disappeared from urban areas. Traditional persian clothing: from historical attire to modern adaptations 28 Azerbaijani women's attire includes headscarves, forehead bands, long dresses, and outer garments. The fabrics are light with floral designs. During the Zand era, these garments were richly decorated with brocade. They wear long, gathered dresses with round necklines. Their headscarves are large and bright. The round-necked dress is known as kuynak, the long skirt is Tuman, and the traditional jacket is called yal. Vests and gathered skirts are also part of Azerbaijani women's clothing. Men's traditional attire includes loose pants that taper at the ankles. Their jackets flare out from the waist, resembling a skirt. The headgear varies widely among men, with each style representing a different tradition. Bakhtiari clothing is colorful and inspired by nature, featuring vivid designs. Women's Bakhtiari dresses use up to 10 meters of fabric, making them more expensive. Traditional persian clothing: from historical attire to modern adaptations 29 They wear a jomah or knee-length dress, often with side slits. Beneath, they wear pleated pants made from velvet. Their velvet vests add to the richness of the attire. Headgear for women includes lacchak and mina, with lacchak being a decorative hat and mina a sheer silk covering. A gold-embellished lacchak is typically worn by brides. Traditional persian clothing: from historical attire to modern adaptations 30 Men wear the chogha, a cloak with black-and-white stripes. The design is believed to draw inspiration from ancient temples like Chogha Zanbil. Some also see it as symbolic, representing the duality of good and evil. Hormozgan's traditional attire is practical and suited to the region's warm climate. Some experts note similarities between their clothing and styles from India and the UAE. Traditional persian clothing: from historical attire to modern adaptations 31 Daily wear includes light cotton tunics, while more formal occasions call for luxurious brocade fabrics. The kendura is a popular dress style in Hormozgan. Women wear brightly colored tunics and lightweight cotton trousers. The pants narrow from the knee to the ankle and are often embellished with gold embroidery. Their headscarves are vibrant, creating a rainbow-like appearance when gathered together. Traditional persian clothing: from historical attire to modern adaptations 32 A burqa is also common among Hormozgan women, protecting them from sunlight. These face covers come in various colors, with intricate beadwork for added flair. The Turkmen community in Golestan and Khorasan provinces boasts a rich cultural heritage reflected in their clothing. Turkmen women traditionally wore long dresses made from silk and wool, with colorful scarves that featured bold floral patterns. Traditional persian clothing: from historical attire to modern adaptations 33 Turkmen women often wore embroidered trousers. Their headdresses, belts, and coats have become less common but remain a symbol of their cultural pride. Intricate needlework enhances the beauty of their garments, especially around cuffs, collars, and hemlines. They also wear various ornaments, adding to their attire's appeal. Traditional persian clothing: from historical attire to modern adaptations 34 Turkmen men wear cotton tunics, hats, and pants. Their overcoats for colder seasons are often striped and long without buttons. The woolen hats are iconic, made from sheepskin and known for their fluffy appearance. Traditional Clothing in Iran With the passage of time, traditional Persian clothing has evolved, blending traditional elements with modern influences to create a unique fusion of fashion. Iranian designers have found ways to incorporate traditional motifs, colors, and styles into contemporary clothing, making them more suitable for modern lifestyles. Iranian fashion has seen an increased interest in modest fashion, which allows designers to incorporate traditional Persian elements while meeting the needs of contemporary society. Elements like embroidered patterns, floral designs, and rich colors are often included in modern clothing, such as jackets, dresses, and scarves, keeping Persian heritage alive. Many Iranian women today wear a combination of mantos (a type of overcoat) and headscarves as part of their daily attire. The manto is often designed with influences from traditional Persian garments, incorporating rich patterns or embroidery that reflects Persian artistry. These mantos come in various styles, from simple and practical designs to elaborate, festive pieces. Persian Royals and Warriors Clothing Through Time The rise of global fashion and social media has also allowed Iranian designers to gain recognition for their work internationally. Iranian fashion shows and exhibitions have showcased the fusion of traditional Persian craftsmanship with modern aesthetics, giving the world a glimpse of the beauty and complexity of Persian clothing. Designers like Hanieh Abedi and Naghmeh Kiumarsi have taken inspiration from Persian history to create clothing that pays homage to Iranian heritage while being modern and stylish. Persian Women Clothing During Qajar Era Despite the influence of globalization, traditional clothing continues to play an essential role in Iranian cultural events and ceremonies. During celebrations like Nowruz (the Persian New Year) and weddings, traditional attire is often worn to honor the past and connect with Iranian heritage. Regional clothing is also still popular among Iran's diverse ethnic groups. For example, in Hormozgan province, women wear colorful, elaborately embroidered dresses known as bandari, which reflect the region's rich cultural influences from both Persia and the Arabian Peninsula. In Mazandaran and Gilan provinces, women wear layered skirts, colorful blouses, and headscarves during traditional festivities. The evolution of traditional Persian clothing is a testament to the rich history and cultural diversity of Iran. From the opulent robes of ancient empires to the vibrant garments worn by different ethnic communities today, Persian clothing represents a fusion of practicality, modesty, and artistic expression. As modern fashion continues to evolve, Iranian designers are finding innovative ways to keep the essence of Persian heritage alive by incorporating traditional elements into contemporary styles. [Read More](#)

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