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Maintaining safe and hygienic water isn't just about avoiding unpleasant tastes or erratic temperatures. Its about preventing serious health risks.Contaminants like Legionella or Pseudomonas can thrive unnoticed in poorly managed water systems, endangering the health of your employees, customers or patients.Additionally, for industries like healthcare and hospitality, these threats aren't just a health concern but a compliance issue. Falling short of Health and Safety Executive (HSE) regulations can lead to heavy fines, damaged reputations, or worse, putting lives at risk.Regular water quality testing, particularly total viable count (TVC) testing, is a practical solution used to monitor your water quality, detect microbial activity and address issues before they escalate.When protecting your water systems and ensuring compliance is a top priority, understanding TVC is an essential step. What is the Total Viable Count (TVC)?TVC measures the level of microorganisms in a water sample, such as bacteria, moulds and fungi. Think of it as a health check for your water.This count, measured as colony-forming units (CFU per millimetre (ml) or litre (L)), helps to pinpoint potential contamination, providing valuable insight into the cleanliness and safety of your water.Whether you're running a manufacturing plant, a hospital or a hotel, knowing the TVC of your water is crucial when practicing those who use it and maintaining compliance. How TVC measured?The TVC testing process involves three steps:Sample collectionA water sample is collected using strict sterile conditions to ensure accurate results.IncubationThe sample is placed on nutrient-rich agar plates and incubated at set temperatures (usually 22C and 37C) to mimic conditions where bacteria thrive.Colony countingAfter incubation, the visible colonies are counted, clearly showing the microbial activity within your water. Why is TVC testing important?As a business owner or facility manager, especially one who has never experienced an issue with their water system, you might think, Do I really need to bother with TVC testing?The answer is a resounding yes, especially if you want to avoid costly fines. Here are the 4 key reasons TVC testing matters:Ensuring compliance with regulations:Every industry has water quality standards to meet. Failure to comply with HSE guidelines could lead to fines, a tarnished reputation or worse. TVC testing keeps your water systems aligned with these mandatory standards.Preventing health risks:Did you know that high TVC levels can signal harmful pathogens like Legionella? By testing regularly, you can detect and carry out essential remedial work to address these risks before they impact the health of your clients, employees or patients.Assessing system efficiency:You need to understand whether your water treatment systems are working as they should. TVC testing provides a simple way to track their performance and ensure they're properly keeping your water safe.Protecting equipment:Biofilm, caused by unchecked microbial growth, can damage pipes and reduce system efficiency over time. You can prevent costly repairs or replacements by revealing this contamination through TVC testing. What are the industry standards for TVC levels?Different industries require different TVC thresholds to maintain safety. These include:Potable water: Generally, a TVC count below 1000 CFU/ml at 22c is safe for drinking.Healthcare: Facilities like hospitals have stricter standards to protect vulnerable individuals who are more susceptible to illness, often demanding much lower TVC levels. When it comes to conducting TVC testing, whether you're a manufacturer, or installing water systems, there are some key scenarios where TVC testing is advised. A multi-purpose ship native to the Philippines is built,325328. The Kingdom of Aksum adopts Christianity.325. Constantine the Great calls the First Council of Nicaea to pacify Christianity in the grip of the Arian controversy.335380. Samudragupta expands the Gupta Empire.337. Constantine the Great is baptized a Christian on his death bed.350. About this time, the Kingdom of Aksum conquers the Kingdom of Kush.350400. At some time during this period, the Huns began to attack the Sassanid Empire.[2]350. The Kutai Martadipura kingdom in eastern Borneo produced the earliest known stone inscriptions in Indonesian known as the Mulawarnan inscription written in the Sanskrit language using Pallava scripture.[5]Mid-4th century Dish, from Mildenhall, England, is made. It is now kept at the British Museum, London.Mid-4th century Wang Xizhi makes a portion of a letter from the Feng Ju album. Six Dynasties period. It is now kept at National Palace Museum, Taipei, Taiwan, Republic of China.365: An earthquake with a magnitude of at least eight strikes the Eastern Mediterranean. The following tsunami causes widespread destruction in Crete, Greece, Libya, Egypt, Cyprus, and Sicily.376: Visigoths appear on the Danube and are allowed entry into the Roman Empire in their flight from the Huns.378: Battle of Adrianople: Roman army is defeated by the Visigoth cavalry. Emperor Valens is killed.378395: Theodosius I, Roman emperor, bans pagan worship. Christianity is made the official religion of the Empire.378: Siyāq K'ak' conquers Waka on (January 8). Tikal (January 16) and Uaxactun.Fall painting of the Council of Constantinople (381) in the Stavropoleos monastery, Romania.381: First Council of Constantinople reaffirms the Christian doctrine of the Trinity by adding to the creed of Nicaea.383: Battle of Fei River in China.395: The Battle of Canne Shore conquest.395: Roman emperor Theodosius I dies, causing the Roman Empire to split permanently.Late 4th century: Cubiculum of Leonis, Catacomb of Commodilla, near Rome, is made.Late 4th century: Atrium added in the Old St. Peter's Basilica, Rome.For a more comprehensive list, see Timeline of historic inventions 4th century.The Stirrup was invented in China, no later than 232.[6][1]Kama Sutra, dated between c.400 BC to c.300 AD.[7][8]Iron pillar of Delhi, India is the world's first Iron Pillar.[citation needed]Trigonometric functions: The trigonometric functions sine and cosine originated in Indian astronomy.[9]Codex Sinaiticus and the Codex Vaticanus Graecus 1209, are the earliest Christian bibles.[10][11]Book of Steps, Syriac religious discourses.[citation needed] a b "The invention and influences of stirrup". 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laboratory is generally known as turbidometry or turbidimetry. Turbidometry is the technique used to estimate the actual concentration of cells in a given suspension by passing a beam of light through the suspension (suspended in a cuvette). The intensity of the transmitted light passing through the suspended fluid is compared to a standard control in order to determine the OD value of the cells in the liquid. Optical density is the measure of the amount of light absorbed by a bacterial suspension when evaluated in a spectrophotometric cuvette or blank. The OD value of a given suspension or sample is evaluated using specialized type of instruments such as the spectrophotometer and turbidimeters which gives reading as absorbance. Absorbance reading is synonymous to optical density (OD) value. Figure 1. Illustration of haemocytometer. The haemocytometer is a rectangular glass block that consists of two central plateaus in which the samples is inoculated or added. The central plateaus are unique because they each consist of a square area that is divided into 400 small squares. Each of the small squares is 0.0025 mm². A given volume of the sample or microbial suspension is added to the counting chamber (already covered with a cover slip) using the Pasteurs pipette. The sample is drawn into the counting chamber by capillary action unlike in other cases where a drop of the suspension is added to a glass slide before covering it with cover slip (e.g. in microscopy). The haemocytometer is allowed for about 30 minutes before viewing under the microscope in order to allow the cells to settle into the central plateaus properly. The count of cells per unit volume of the sample can be calculated by multiplying the number of cells counted after examining the 400 small square areas with the diameter of each of the small square area (i.e. 0.0025 mm²). If the suspension or sample to be counted with the haemocytometer was diluted before counting under the microscope, the count obtained must be counted with the dilution factor in order to get the final count of the microbial cells in the sample. Table 1. Techniques of enumerating bacterial cell numbers and cell mass

Cell numbers	Cell mass	Direct microscopic counts using the Microscope & improved Neubauer counting chamber device.
Both dead cells & viable cells are counted.	Measurement of chemical parameters of microbial cells (e.g. nucleic acids & protein molecules).	Plate counts. It involves the plating out or spreading of serially diluted bacterial culture on media plate. Viable cells are mainly counted here. This method gives the colony forming unit (CFU) value of the counted bacteria. Measurement of physical parameters of microbial cells (e.g. dry weight of bacteria). Electronic counting machines.

This method is used to count eukaryotes & other large organisms including yeasts, protozoa & algae. Electronic counters count both dead cells & living cells. Measurement of chemical activity of microbial cells (e.g. CO₂ & O₂ production or utilization). Membrane filters technique. This method involve the direct count of microbial cells growing on specialized filters known as membrane filters with pores small enough to hold bacteria colonies in a solid culture media. Measurement of bacterial turbidity. Microbial growth can be evaluated by assessing their growth in a broth medium. This technique allows microbiologists to determine microbial mass by measuring the intensity of light directed or absorbed by a turbid growth of bacterial cells in a broth culture medium. A spectrophotometer is used to measure this growth; and growth readings are taken in terms of absorbance which is extrapolated and taken as the actual cell mass of the organism. Spectrophotometer specifically measures the optical density or turbidity of the growing bacterial cells in a broth culture medium. Increase in the turbidity of the broth culture indicates increase of the microbial cell mass in the growth medium, and this is proportional to the number of microorganism present in the growth vessel (both viable and dead cells). Many techniques exist for the measurement of microbial growth in terms of assessing microbial cell numbers and microbial cell mass. These methods as stipulated in Table 1 above helps the microbiologists to elucidate the doubling (generation) time of a microbial cell. As explained in Table 1, these techniques also allow the microbiologist to assess the actual amount or number of both viable and dead cells present in the growth medium. The type of measurement technique to be employed is usually dependent on the type of analysis the microbiologist seeks to undertake. References Brooks G.F., Butel J.S and Morse S.A (2004). Medical Microbiology, 23rd edition. McGraw Hill Publishers. USA. Pp. 248-260. Madigan M.T., Martinko J.M., Dunlap P.V and Clark D.P (2009). Brock Biology of microorganisms. 12th edition. Pearson Benjamin Cummings Publishers. USA. Pp.795-796. Prescott L.M., Harley J.P and Klein D.A (2005). Microbiology. 6th ed. McGraw Hill Publishers, USA. Pp. 296-299. Ryan K, Ray C.G, Ahmed N, Drew W.L and Plorde J (2010). Sherris Medical Microbiology. Fifth edition. McGraw-Hill Publishers. USA. Singleton P and Sainsbury D (1995). Dictionary of microbiology and molecular biology, 3rd ed. New York: John Wiley and Sons. Talaro, Kathleen P (2005). Foundations in Microbiology. 5th edition. McGraw-Hill Companies Inc., New York, USA. Subscribe to get the latest posts sent to your email.

What is the difference between total count and viable count. What is total viable count of bacteria. Total viable count vs total plate count. What is meant by total viable count. What is total viable aerobic count. What is total viable count in microbiology.