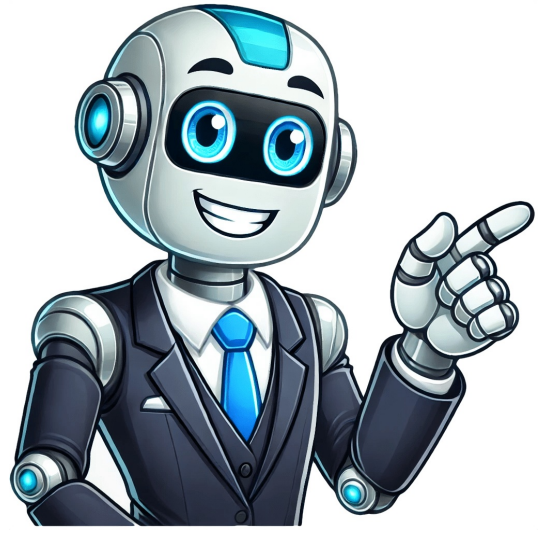


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How to use a body tape

Before using Buub Body Tape for the first time especially if you have sensitive skin do a patch test by applying some tape on your breast area without stretching it out leave it for at least four hours then slowly peel it off if any irritation occurs stop using it altogether. Also remember not to use Buub products daily allow your skin 72 hours between uses. To apply the body tape apply it to clean dry skin that's free from oils moisturizers or other products as oils and body lotions can dissolve the adhesive so make sure your skin is clean and dry before applying don't put it on damaged irritated or sunburned skin. Cut the tape to your desired length using sharp scissors then slowly peel off the backing paper without touching the tape with your hands or anything else once it's touched something it won't stick back on. Place the tape at the base of your breast in an upward direction making sure you're putting it where you want it to sit add a little tension but not too much as this can cause skin irritation. Use nipple covers before applying body tape to protect sensitive skin and make removal easier and more comfortable. Don't wear Buub for more than 8 hours as the adhesive gets stickier with prolonged use which can cause irritation and discomfort when removing remember to use oil or lotion when taking it off. To remove gently peel off the tape or dampen it in oil and leave it to soak for up to 5 minutes before slowly peeling it away from your body at a 45-degree angle apply more oil to stubborn patches after removal use oil and cotton pad to take off any adhesive residue if needed. There are various styles you can try with Buub Body Tape including stick-on bras make sure your chest and boobs are clean and dry then apply nipple covers peel the backing paper from the bottom half of the bra lift your breast and place the exposed portion under your breast where you want it to sit remove the top portion of the backing paper and apply a little tension but not too much before placing the bra on the rest of your breast and chest give it a rub to stick. In place, repeat on the other breast. Pop on your clothing and trim the bra if needed. Use body oil or warm soapy water when removing the bra. Bra Pads HOW TO APPLY Get dressed in your desired garment, tighten the garment for best results. Stick one Bra Pad to the inside of your garment, not onto your skin. Scoop your breast up towards the centre of your chest to create cleavage. Press the insert onto the breast firmly to secure, repeat steps on the other side. Check in the mirror to make sure both sides are even, and adjust if needed. CARE INSTRUCTIONS Hand wash only, do not machine wash or tumble dry. Use fingertips to gently wash the adhesive, avoid contact with fingernails. Rinse with warm water, shake off excess water and squeeze gently. Allow to air dry in a dust-free area. Silicone Nipple Covers CARE INSTRUCTIONS To wash, use warm water and mild soap, gently rub with the palm of your hand. Try not to use nails or scratch the glue, avoid washing machine, brush, fingertips, or detergent as it causes permanent damage. After cleaning, shake off excess moisture and leave to air dry. ReferencesWriter Bio Andrea Townsley has been a freelance writer since May 2008, most of her work published on eHow.com and Work.com. She owns several small businesses and finished her Bachelor of Science in psychology at University of Central Florida. Follow the application videos WATCH NOW Boob tape provides support and shape for your breasts when you don't want to wear a bra. Before applying, carefully consider placement and make sure your skin is thoroughly cleaned and dried. Remove the tape by applying oil to the edges and slowly pulling it off to avoid irritation. A strapless or plunging bra can come in handy sometimes, but nothing beats boob tape for keeping everything in place without compromising your outfit. According to Jené Luciani Sena, author of The Bra Book, the concept started when Kim Kardashian used duct tape on her breasts. Boob tape is essentially a flexible fabric with a sticky side that's safe to use on skin. You can find options that are latex-free for sensitive skin. Chellie Carlson explains it helps shape and contour your breasts while holding them in place, even when you can't wear a traditional bra. It also provides nipple coverage and creates cleavage. Boob tape comes in different styles, including adhesive strips and sticky bras that cup the breast. Just be sure to use products meant for skin application and follow proper removal techniques. If you're new to applying boob tape, Pfister recommends creating a custom design with markers or lip liner before taping. Measure twice and cut once to ensure accurate placement. Start from the bottom and apply gentle pressure as you pull upward for a lifting effect. Use nipple covers and test your skills beforehand, especially for formal events. Boob tape can last up to 10 hours but remove it slowly and gently to avoid skin irritation. Apply oil or use a steam shower before removal to ease the process. After removing, wash with gentle cleanser and moisturize to soothe any irritation. Given article text here Use fresh and wide boob tape for best results, but be aware it may lose hold if re-applied or get caught on clothing. Look for at least four-inch width tape for better coverage and support. Tape can loosen over time, especially with larger breasts. Consider a dress that allows for bra support instead. Boob tape is a lifesaver when it comes to tops that don't work with traditional bras. This versatile solution comes in various flesh tones, allowing for customizable support and a natural look. It's also perfect for preventing nip slips. When using boob tape, make sure your skin is clean and dry, as any oils or lotions can affect the adhesive. If you have sensitive skin, do a patch test before applying the tape to avoid any adverse reactions. To remove the tape without irritating your nipples, place a cotton round or small piece of fabric over them. Before using boob tape on the big day, practice with it first to get a feel for how it works. Mark the borders of your top with nude eyeliner to guide you in applying the tape. This way, you'll avoid any mistakes and have a stress-free experience. Boob tape can also be used to create a bandeau-style support for backless tops or spaghetti straps. Start by building from the bottom up, adding strips as needed until you feel secure. For extra cleavage, try building your bandeau while leaning forward. This hack works particularly well for plunging and drapey necklines, which can be notorious offenders when it comes to wardrobe malfunctions. When using boob tape with a plunge or drapey neckline, make sure to create individual bra support by placing the tape strips close together, rather than in a single layer. This will provide extra security and prevent any visible bra from showing through your top. With a little practice and patience, you can achieve the perfect fit with boob tape. Given article text here you need to cut a strip of tape long enough to apply horizontally across your breast, with strips extending from underarm to nipple and additional horizontal strips across your breast to create a bra cup Body Tape: A Game-Changer for Plunging Outfits To get the most out of Body Tape, start by applying a small amount to your skin and doing a patch test. This will ensure you're not allergic to the tape and avoid any irritation. Cleanse your chest area thoroughly before application, avoiding lotions and oils that may interfere with adhesion. For plunging necklines, tape individual breasts, ensuring proper coverage from breast to shoulder. Repeat on other side and work inwards for added support. With strapless outfits, apply two strips of tape, securing them carefully as you lift your breasts together. Practice makes perfect - it may take some trial and error to get the desired results. Using Boombur body tape can take time to get used to, but with practice, you'll develop a better understanding of how to use it effectively. Have you ever had an unpleasant experience removing tape from your skin after wearing it for hours? There is relief in knowing that there are methods to reduce the discomfort of peeling off the tape. One approach is to apply oil to the area underneath the corner of the tape, gradually working underneath it to break down the adhesive and make removal easier.