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## **Spring valley family practice**

You can complete eCheck-in through LMC MyChart 7 days before your appointment to speed up the process and view forms online beforehand. Be sure to arrive on time or we might ask you to reschedule if you're more than 10 minutes late. If you need to cancel, let us know as soon as possible and at least 24 hours in advance to avoid any issues. We can't guarantee a refund for cancellations made without notice. Payment is due on the day of service. To request prescription refills, please call and leave a message with your details. Allow 24-48 hours for processing, but we won't contact you unless there's an issue. Some prescriptions might require a doctor's visit before they can be refilled. You can access your test results, lab reports, and even send messages to your providers through LMC MyChart. Test results should be available within 7-10 business days, while referrals might take up to 7 days to process. Keep your messages concise for faster responses. Note: The rest of the text does not relate to the main topic and seems to be a collection of unrelated articles or posts from Dr. Binns about ear pain, type 1 diabetes treatment, flu, and winter bugs. It appears to have been included in error. We've all had our fair share of blood tests at the doctor's office, a routine check-up that provides valuable insights into our health. But have you ever stopped to think about how these tests can reveal so much information about us? Depending on our age, we may also be screened for conditions like anemia, which affects the production of red blood cells.