

I'm not a robot

























A fresh, inclusive update to Mayo Clinic's comprehensive pregnancy guide, pairing world-class medical expertise and real-world guidance for every step of the journey from bump to baby. Pregnancy can be an adventure full of thrilling moments, unknowns, decisions, and joy.Mayo Clinic Guide to a Healthy Pregnancy is the ultimate guidebook for navigating the road to parenthood, with everything you need to know along the way to help you have a healthy pregnancy and baby. This inclusive, updated manual is packed with research-backed advice for every part of the journey, from conception to postpartum and the newborn weeks. Inside you'll find the latest expertise from Myra Wick, M.D., Ph.D., a mom of four along with contributions from many other pregnancy specialists at Mayo Clinic. Month-by-month chapters walk you through the physical changes you can expect as your baby grows and develops, milestones to watch for (feel those kicks!), and key steps in prenatal care. You'll also learn about diet and lifestyle choices to give you and your baby a healthy start, exercises to stay active and strong, and treatments that can actually help with morning sickness. Other key guidance includes: Health issues that may arise, including depression and anxiety during pregnancy and postpartum, with tips for managing stress and recognizing when to reach out for help A symptoms guide offering explanations and suggestions for many of the most common changes in pregnancy What to know about current genetic screening and prenatal testing options Detailed breakdown of the process of labor and childbirth, so you know what to expect and what's possible Practical information on the transition to parenthood, feeding your newborn, the cost of childcare, and getting through those first few weeks with your baby Extra focus on pelvic strength and health during and after pregnancy, which are important to prevent or treat disruptive and potentially long-lasting effects of pregnancy and childbirth Every pregnancy, and every parent, is unique. That's why this guide is designed to be accessible to all, with information and advice for parents and families of all backgrounds and identities. Easy-to-understand language and colorful medical illustrations help bring Mayo Clinic expertise to every reader.For anyone beginning (or continuing!) the great adventure of parenting, this book is an essential companion. This reproductive physiology textbook is used in over 140 universities around the world. It provides detailed specimen and full color graphics targeted specifically to students.Radiograph of excised sow tract.The migration of binucleate giant cells in the ruminant placentaThe highly convoluted testicular artery has an intimate relationship with the veins of the pampiniform plexus.Bovine ovarian follicles and their respective ultrasonic images.The relationship of the mesosalpinx to the oviduct in the ewe. Ask the publishers to restore access to 500,000+ books. When obtaining an education, the textbook is a vital part to that. You need a book that explains the topics fully, provides real-life situations so that you can visualize the material, and shows the subject in pictures to fully understand the information. If you are looking for all these qualities in a textbook, then look no further. In your journey of learning animal reproduction, this book provides all the information you will need to become a professional in animal reproduction. While reading through this textbook, I can tell you that it explains topics fully and complements these topics with visual aids that is helping me obtain the knowledge I need to succeed in my class. Not only is the textbook a great tool for learning, it is also very affordable.Visual AidsWhile all textbooks give visual aids, the Pathways to Pregnancy and Parturition textbook surpasses the typical textbook by providing not only cartoon aids, but also real-life aids. On every page, the textbook compliments the information with pictures that points out all important parts you are learning. The textbook shows the reproductive anatomy, and it also has visual aids of the molecular level. If you are worried about having a hard time understanding the small stuff, this book color codes, has keys for labeling, and explanations of the topic for every visual aid.ContentSometimes textbooks can be hard to read and follow along with the information it is trying to convey, but the Pathways to Pregnancy and Parturition textbook is easy to read so that you can understand and learn all that you need to know. The textbook shows this by bolding words that you need to know, explaining important topics in colored boxes, and referring to figures. If you are still having some trouble understanding or the wording is confusing to you, the textbook provides key references for each chapter that you could explore to help understand the content more. Sometimes the material can be a lot, but the book pulls it together by provides real-life situations that can help connect the dots. This way you can learn the material in a way that helps you the most.AffordabilityOne of the main problems that students have when needing textbooks is price. Pathways to Pregnancy and Parturition is very affordable buying or renting price. For a renting price of \$98.99, you get to use the book for a semester, or you can buy the book starting at \$147 for pre-owned to \$165 for new. The textbook is worth renting or buying, because it is going to be so helpful in your learning process of animal reproduction. The textbook covers everything you need to know about animal reproduction, so the book could be used for the next several years.A textbook that is easy to read, learn from, and affordable is a textbook that all students want, and that is what you are getting with Pathways to Pregnancy and Parturition. I guarantee that this textbook will help you excel within your class and be relevant within the years to come. A fresh, inclusive update to Mayo Clinic's comprehensive pregnancy guide, pairing world-class medical expertise and real-world guidance for every step of the journey from bump to baby. Pregnancy can be an adventure full of thrilling moments, unknowns, decisions, and joy.Mayo Clinic Guide to a Healthy Pregnancy is the ultimate guidebook for navigating the road to parenthood, with everything you need to know along the way to help you have a healthy pregnancy and baby. This inclusive, updated manual is packed with research-backed advice for every part of the journey, from conception to postpartum and the newborn weeks. Inside you'll find the latest expertise from Myra Wick, M.D., Ph.D., a mom of four along with contributions from many other pregnancy specialists at Mayo Clinic. 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