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A morning prayer is a wonderful way to focus your time and attention on seeking God's plan for the day ahead. Whether you need encouragement, peace, strength, or rest, God can meet you in a very real and present way when you come before Him with a humble heart. Seek God's presence each morning before your energy and attention are pulled
by all the tasks you have ahead. A prayer-filled morning is the best defense against a chaotic world. In a world filled with distractions and demands, starting the day with a morning prayer reminds you to prioritize your faith journey before your faith
Him before the demands of the day divert your energy and focus toward numerous tasks. Here are our favorite morning prayers to start your day in God's presence. He promises to provide strength, comfort and peace for your daily needs. Download your ownpersonal PDF copy of these beautiful morning prayers HERE. Print them and keep them by
your bedside, in the car, or at work to remind yourself to start your day with God! 1. A Morning Prayer for God's PresenceLord, may nothing separate me from You today. Teach me how to choose only Your way today so each step will lead me closer to You. Help me walk by the Word and not my feelings. Help me to keep my heart pure and
undivided.Protect me from my own careless thoughts, words, and actions. And keep me from being distracted by MY wants, MY desires, MY thoughts on how things should be. Help me to embrace what comes my way as an opportunity... rather than a personal inconvenience. And finally, help me to rest in the truth of Psalm 86:13, 'Great is your love
toward me. 'You already see the ways I will fall short and mess up. But right now, I consciously tuck Your whisper of absolute love for me into the deepest part of my heart. I recognize Your love for me is not based on my performance. You love me, warts and all. That's amazing. But what's most amazing is that the Savior of the world would desire a few
minutes with me this morning. Lord, help me to remember forever what a gift it is to sit with You like this. Amen. - Lysa Terkeurst2. How Should I Pray to Start the Day? Dear God, at the start of each day, help us to recognize you above all else. Enlighten the eyes of our hearts that we might see you and notice how you're at work through our lives. Give
us wisdom to make the best choices, and fill us with a desire to seek after you more than anything else in this world. Let your Spirit and power breathe in us, through us, again, fresh and new. Thank you that your joy is never dependent on our
circumstances, but it is our true and lasting strength, no matter what we're up against. We ask that your peace lead us that it would guard our hearts and minds in you. We ask for your grace to cover our lives this day. We love you, Lord... we need you. In Jesus' Name, Amen. - Debbie McDaniel 3. Morning Prayer for StrengthLord, I am weary and dont
know when this race will end in my life. I feel like Ive been running forever, trying to outrun my pain and rather run with endurance the race you have set before me.I know that nothing in this world can separate me from your
steadfast love. Please give me a measure of your love today; give me the strength to endure this trial. Thank you for your love for me that never ends! And thank you for the crown of joy that awaits me forever in your Kingdom! - Adrian Rogers4. What Is a Good Prayer for Guidance? Lord, I pray you would move the Spirit more boldly in my life. I know
that any sin can grieve and diminish the voice of the Spirit, and I pray against the temptation to sin. Help me crave your presence more than I crave sin. Help me grow in the fruit of the Spirit and so walk closer with Yourself. I pray for guidance from your Spirit-let your will and promises always be a meditation of my heart. In Jesus Name, Amen.
Kenny Luck5. Today with JesusLord, Jesus, today is Your day, and I want Your will to be done. So, whatever happens, hold my hand and let's face it together. Amen. - Back to the Bible6. What Are God's Promises for Today?It's normal to wake up anxious for the day ahead - we live in a world that bombards us with fear and worry. Yet, we have a loving
Father who wants us to rise in the morning prayer to reflect on His unwavering faithfulness, we can carry His peace and assurance with us throughout the day. Here's a sample morning prayer to reflect on His promises and invite His comfort and strength into every
moment: Heavenly Father, I have been so wishy-washy when it comes to taking hold of Your promises and making them mine. But today, Im putting my foot down on every promise that You have given me today. Im going in! In Jesus Name, Amen.
Sharon Jayes 7. Good Morning Lord Good morning, Lord! Today's a new day, a chance for a new start. Yesterday is gone, and with it, any regrets, mistakes, or failures I may have experienced. It's a good day to be glad and give thanks, and I do, Lord. Thank you for today, a new opportunity to love, give, and be all that you want me to be. Amen. -
Rebecca Barlow Jordan8. How Do I Ask God to Fill Me With the Spirit to guide us throughout the Holy Spirit. We can call upon the Holy Spirit to guide us throughout the day. A simple prayer in the morning to be filled with the Holy Spirit.
Spirit to fill us with wisdom, strength, and peace, so we can approach each moment with His discernment and grace. Here's an example morning prayer for Holy Spirit. Let us spread love, joy, peace, goodness, and faithfulness wherever we go. Let us desire to
become more like you and to worship you in all we do. Help us desire these things so much more than the sin that entices us. Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thank you for always going before us. In Jesus Name, Amen. - Dr. Charles Stanley9. Daily Prayer of ThanksgivingDear God, Thanksg
blessings over us. Thank you for your great love and care. Thank you for your sacrifice so that we might have freedom and life. Forgive us when we don't thank you enough for who you are, for all you've given. Help us to set our eyes and our hearts on you afresh. Renew our spirits, fill us with your peace and joy. We love you, and we
need you, this day and every day. We give you praise and thanks, for You alone are worthy! In Jesus' Name, Amen. - Debbie McDaniel10. How Do I Pray for Family Protection? As you begin the day, take a moment to lift up your loved ones and family in prayer. Its so important to surround them with Gods love and protection, asking for His blessings on
their lives. Whether theyre near or far, we can pray for their health, happiness, and guidance. Lets seek Gods comfort and strength for them, trusting that He watches over each of us and holds our families close. Here's an example of a morning prayer for those who mean the most to us: Father, thank you for the blessing of a family. Today, please keep
the enemy at bay. Increase their faith. Protect them from falling into temptation. Grant them the opportunity to shine a light in the darkness and lead others to you. Whatever is making my family anxious today, I ask that you comfort them, and that they can rest in your complete sovereignty. Amen. - Topher Haddox11. Prayer to Follow God TodayDear
Lord, I don't know who or what will cross my path today. But I do know that You are my Shield and my Strong Tower. Help me to anchor myself to You today. Teach me how to stand strong in You and choose only Your way today. Help me to anchor myself to You today. Teach me how to stand strong in You are my Shield and my Strong Tower.
comes my way as an opportunity to see You at work and as an opportunity to see You at work and as an opportunity to point others to You. Thank You whisper Your unconditional love deep into my soul and remind me that Your mercies are new every morning. That truly amazes me, Lord.
Thank You for meeting with me today. Would You wake me again tomorrow with the same sweet whisper of Your love? I can't wait to meet with You again. In Jesus' Name, Amen. - Wendy Blight12. What Is a Good Prayer for Courage?Lord, grant me tenacious winsome courage as I go through this day. When I am tempted to give up, help me to keep
going. Grant me a cheerful spirit when things don't go my way. And give me the courage to do whatever needs to be done. In Jesus' name, Amen.-Dr. Ray Pritchard13. Prayer to Seek God Each DayFather, Praise You for the sky and sun, for both remind us of a new days challenge and chance to chase You. Thank You for reminding us life is not always
easy, but that we don't have to carry the hard into each new day. Forgive us for dwelling on the past and for holding onto grudges. Bless our hearts to be held back by nothing as we seek You each day. In Jesus Name, Amen. - Meg Bucher14. How Do I Rejoice Daily in Prayer? Father, thank you for intervening in my life and allowing me to have a
personal relationship with you. Thank you for your love for me today and forever. Thank you for the blessings youve given me and my family. Help us use those bless others. May I live a life of true joy as I see you at work around me today! In Jesus' name. Amen. - Ron Moore 15. For God's Grace DailyLord, thank you for your abundant
abounding grace. Thank you that we don't have to earn a drop of the mighty river of grace that flows freely for us today. Thank you for the unexpected, unmerited favor you've showered on my life. Help me put myself in the path of your love and grace. Help me not neglect the disciplines I need to meet with you regularly and to drink from the water of
life. Thank you for your rich love. Amen. - David Mathis16. How Can I Pray to Love the Life I have? God, help me love the life I live right now. Show me the good things I often overlook and help me be content with what I have. Forgive me when I compare myself to others, forgive me for longing for things outside of you and your kingdom. Thank you
for loving me right where I am, right as I am. Help me keep my eyes on you. In Jesus Name, Amen. - Nicki Koziarz17. Prayer Against Distractions TodayAs I start this day, help me remember that I belong to you, and my desire is to act accordingly. Keep my feet from stumbling and my mind from wandering into distractions that could steal precious
time and energy from the most important things you have designed for me. I'm proud to be your child, Lord. And I'm so grateful that you died for merising again on your own new morningso that every day could be filled with the wonder of your love, the freedom of your Spirit, and the joy of knowing you. - Rebecca Barlow Jordan 18. What Is a Good
Prayer for a Heavy Heart? Father, my heart is heavy. I feel like I have to carry the burden alone. Words like overwhelmed, distraught, exhausted seem to describe where I am. I am not sure how to let you carry my heavy load, so please show me how. Take it from me. Let me rest and be refreshed so that my heart won't be so heavy in the morning. In
Jesus' name. Amen. - Ron Moore19. To Focus on God's VoiceFather, I need to hear from You. Today, I make the commitment to start having a daily quiet time. I will listen for Your voice above all of the other voices in my life. Lord, teach me how to center my life on You and help me obey what I hear You say. In Jesus name, amen. - Mary
 Southerland20. How Can I Rely on God Today?Lord, we ask today for more of Your Holy Spirit in our lives. Lord, it can be easy for us to become consumed with the fears that surround us in life, but we know that just as Your eye is indeed on the sparrow, so also do You care for and see us. Teach us today to become more reliant on You. Bring us into a
greater discernment of how You operate, so that we may come into a deeper understanding that all we see with natural eyes is not all that is. Today we ask for eyes to see Your hand in all matters, and hearts open to Your work. Amen. - Callie Logan21. Morning Prayer to Walk with GodDear Lord, I love You. All that I've expressed above is the desire of
my heart. I confess that sometimes my actions and reactions betray my love for You. Please forgive me. Thank You for You. In Jesus' Name, Amen. - Lysa TerKeurst22. What Is a Good Prayer to Set My Priorities? Dear Lord, help me remember what a difference it
makes when I make time with You a priority in my morning. Awaken me in body and spirit each day with a desire to meet with You and to hear You speak words of affirmation, assurance, and wisdom over my heart as I prepare to go into my day. In Jesus' Name, Amen. - Traci Miles"If any of your lacks wisdom, he should ask God, who gives generously
to all without finding fault, and it will be given to him." James 1:523. A Simple Morning PrayerGod, please enlighten my mind with truth, inflame my heart with love, inspire my will with service. Pardon what I am, and order what I shall be. Amen - Author Unknown24. How Do I Pray for the Work
Day Ahead? Father, thank you for all the ways youve blessed me, specifically with this job that pays my bills and puts food on my table. Thank you that ALL work has significance because work is good. Help me bring you glory today, through my actions, my words, through the good work I do to bring order to my little corner of the world. Help me bring you glory today, through my actions, my words, through the good work I do to bring order to my little corner of the world. Help me bring you glory today, through my actions, my words, through my actions, my words, through the good work I do to bring order to my little corner of the world.
my work as a blessing and not a curse. Give me grace and strength for the hardest aspects of my job. In Jesus Name I pray, Amen. - Renee Davis25. A Morning Prayer for Cares and ConcernsDear Father in Heaven, so much in my life is broken. I have so many concerns and cares, and they weigh me down. While I desire to cast my cares upon You, I
find I usually pick them back up again, and they only add more anxiety and stress. Please help me learn to cast my cares on You as I learn what it means to rest and trust in You. In Jesus Name, Amen. - Chrystal Evans Hurst26. How Do I Pray for Hope Today?Lord, help me to hear you saying, "I am your hope" over all the other voices. Lord, your word
says, you are the hope for hopeless so I'm running to you with both hands stretched out and grabbing on to you. Fill me up with hope and give me a tangible reminder today that I barely dare to hope for, today I give them to you, I trust them to
you, and ask that you because I know that you can do more than I could ever guess, imagine or request in wildest dreams (Eph 3:20). God, you are my hope and I trust you. Amen. - Wendy van Eyck27. Courage for the Day AheadGod, I want to believe that youre with me and that I am known and loved by you but some days, its hard. Help me to speak
the truth from your Word back to myself. Take it from my head to my heart. Give me peace and wisdom courage to live like a conqueror - because youve already given me victory over every challenge and obstacle. Amen. - Amy Green 28. What Is a Good Prayer for a God-Honoring Work Day? Establish the work of my hearts of my hearts. Give me peace and wisdom courage to live like a conqueror - because youve already given me victory over every challenge and obstacle.
productive, patient, focused, and insightful. Keep me from distractions and from technology hindering my work instead of helping it. May your Spirit lead me in my work and help me to be joyful, creative, and worshipfulconstantly reminding me of your love and that youre the reason I have breath in my lungs. Teach me to align my work, family, church
life, and rest in a way that would maximize your glory and allow me to bear the most fruit for your kingdom. And as I work, fix my eyes on Jesus and his finished work on the cross that gave me treasure I could not earn, rest that I could not otherwise experience, and a living hope that will fuel me to work for the glory of God. Amen. - Kevin Halloran29.
Prayer to Step Out in Faith TodayGracious Father, as we begin a new day, help us to engage your will with a reckless faith. Teach us to trust in you, and help us grow in righteousness. Heavenly Lord, give us the courage to step out in faith this day. Fill our hearts with your spirit, and let us speak your words with pride. - Debbie Przybylski30. How Do I
Start the Day with a Prayer of Praise? Father, I praise You today for all that You have done in my life. You are faithful even when I am unlovable. Your forgiveness covers my sin and frees me from its penalty. I praise You for your love and faithfulness to me. Your presence in my life changes everything,
empowering me to live each moment of every day, content in knowing You are in control. As I face today, Lord, remind me that no matter what happens, I can praise You! In Your Name, Amen. - Mary SoutherlandRelated Resource: How to Pray When Your Prayers Feel StuckDoes waiting for God to move leave your prayer life feeling stuck? Join Rachel
in this weeks Questions from Hard Spaces as she explores the challenging question: How do I keep praying when it feels like nothing is changing? Discover hope and encouragement through powerful insights from the story of Abraham and Sarah. If you enjoy this episode of Untangling Prayer, be sure to subscribe on Apple or Spotify so you never
miss an episode! Share your morning prayer requests with us in our prayer forum! We want to pray with and for you. For more morning prayers: Read our 25Good Night Prayers to end your day with peace and thankfulness! Pray through the week with us image photo credit: Getty Images/JevticThis article is part of our Prayer resource meant to
inspire and encourage your prayer life when you face uncertain times. Visit our most popular prayers if you are wonderinghow to pray. The Lords PrayerPrayer for PeaceMorning PrayersGood Night PrayersPrayer for prayers for us, and God knows your heart even if you can't find the words to pray. The Lords Prayer for PeaceMorning PrayersGood Night PrayersPrayer for prayer for us, and God knows your heart even if you can't find the words to pray.
Healing Prayer for Protection Prayer for Anxiety Prayer for Anxiety Prayer for Strength Now available is our new Daily Prayer and sign up to receive it by email. Originally published April 11, 2024. Ending your day with prayer is a wonderful way to let go of stress and find
peace before falling asleep. No matter what you faced today, talking to God through a night prayer will renew your faith and help you experience true rest. Evening prayers also help you reflect on all the events throughout your faith and help you experience true rest. Evening prayers are an opportunity
to raise your joy and sorrows to God that He may meet your needs. Night prayers, also offer a dedicated time for reflection, gratitude, and surrender. In the stillness of the night, when the world slumbers, we can pour out their hearts to the Almighty, seeking guidance, forgiveness, and divine intervention. It is
a time to release the day's burdens, laying them at the feet of the One who promises rest for the weary. The Bible encourages evening prayers, with numerous verses showing the significance of seeking God's presence before sleep. Psalm 4:8 assures believers, "In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety." This
acknowledgment of God's protective embrace fosters a sense of security and peace, allowing Christians to surrender their anxieties to Him. Browse our collection of night prayers below to end your day with thanksgiving and supplication to God! Share these night prayers for evening bedtime with your children, spouse and friends so they too can fall
asleep feeling blessed and thankful! God is wanting to give you peace and comfort at night time! Simple Night PrayersHere are three simple night prayers for Christians to pray as they conclude their day: Thanksgiving for the Day: "Lord, I thank You for the blessings of this day and for Your loving care. As I rest tonight, I ask for Your
peace to surround me and my loved ones. Help us to trust in Your protection and wake renewed, ready to serve You. Amen. "Prayer for Peaceful Sleep: "Heavenly Father, as I lay down to sleep, relieve the worries of my heart. Grant me peace throughout the night and protect me from all harm. May Your angels guard me and bring me safely to a new
day. In Jesus' name, Amen. "Seeking Guidance and Strength: "Dear God, as night falls, I seek Your wisdom and strength for the challenges ahead. Refresh my spirit as I sleep, and guide my thoughts and actions tomorrow so that I may walk in Your ways and honor You in all I do. Amen. "Want a new guided prayer each night? Your Nightly Prayeris a
devotional prayer and meditation delivered to you every evening to wind down your day with God, relieve stress, and put your mind and soul at rest. Read and sign up today! Night Prayers By TopicShort Good Night Prayers By TopicShor
peaceful rest, and awaken me with renewed strength for tomorrow. Amen. 2. Lord Jesus, as night falls, I surrender my worries and cares into your hands. May your peace fill my soul, and may I find comfort in the assurance of your love. Guide me through the night, and may I wake up with a heart full of gratitude. In your name, I pray. Amen. 3.
Gracious God, I lay before you the events of this day. Forgive my shortcomings, and let your mercy cover me. Grant me restful sleep and surround me with your protective presence. May your angels watch over my loved ones as well. Thank you for being my refuge. Amen. 4. Dear Lord, as I close my eyes, I reflect on your goodness throughout this day
I am grateful for your blessings. I surrender my concerns to you, trusting in your plan. Fill my dreams with your peace, and may I wake up with a heart ready to serve you anew. Amen. Night Prayer for Blessings Bless us with rest tonight, Jesus, and a good nights sleep. Forgive us for the things we did today that did not honor you. Thank you for loving
us so much and knowing us through and through. We need your help every day, and we thank you for the strength you give and for helping us know that with you, even hard things are possible. Bless our family and our home, and keep us safe through the night. May your angels guard us and watch over us, just like you promised. You've told us we are
just like sheep. And that you lead us and guard us like a shepherd. You know our names, and you make us feel special and loved. When we hurt, you help us feel better. Thank you, Jesus, for your good care and for giving us grow.
Bless the people in our world, and help them to know you love them, too. Thank you for all the people who help us so much: teachers, doctors, policemen, and firemenand so many more. When we awake in the morning, put a smile on our face and your purpose
in our hearts, ready to start a new day. We love you, Jesus. Good night's SleepGrant me a good night's SleepGrant me a good night's Sleep tonight, God, so that I can awake refreshed and ready to begin another day loving you. Thank you again for blessings so undeserved and too numerous to count. I love
being your child, and I long for the word "faithful" to describe my service to you, each day of every year. When I awake in the morning, may it be with a joyful smile, not a grumpy spirit. May your protection and your presence bathe this place with peace and safety against the enemy. Good night, Lord. In Jesus's name, Amen. ~ Rebecca Barlow
JordanBefore You Go to BedFather, thank you for holding me together today. I needed you, and you were there for me. Thank you for every bit of love, mercy, and grace that was shown to me though I did not deserve it. Thank you for every bit of love, mercy, and grace that was shown to me though I did not deserve it. Thank you for every bit of love, mercy, and grace that was shown to me though I did not deserve it. Thank you for every bit of love, mercy, and grace that was shown to me though I did not deserve it.
Prayer of GratitudeDear Lord, As I close this day, I come to you with a heart full of gratitude. Thank you for the beauty of the world around me. I am also grateful for the challenges I have faced, for they have helped me to grow stronger
and wiser. Thank you for your guidance and strength through difficult times. As I prepare for Protection Dear Lord, As I prepare for your protection. Keep me safe from harm, both physical and spiritual. Guard myser for Protection Dear Lord, As I prepare for your guidance and strength through difficult times. As I prepare for Protection Dear Lord, As I prepare for your protection.
mind and heart from negative thoughts and influences. Please help me to rest peacefully, knowing that I am in your care. Amen. Prayer for Guidance Tomorrow. Please help me to make decisions that are in line with your will. Show me the path that you have laid out for me. I trust your
wisdom and love and know you will guide me if I seek your direction. Amen. Bedtime Prayers for a Restful Night: Lord, as I lay down to sleep, I give you all my thoughts to keep. Watch over me throughout the night, And
wake me with the morning light. Amen. Family Prayers Before BedPrayer for Loved Ones: Lord, bless my family and friends, Keep them safe until the night ends. Grant them peace and restful sleep, Your promises to keep. Amen. Prayer for Your Family: Heavenly Father, As we gather here, a family bound by love, we thank you for
the gift of this day. Thank you for the moments of joy and the challenges that have strengthened us. As we prepare for sleep, we lift our hearts to you. Forgive us for any shortcomings, and fill our home with your peace. Watch over each family member, near and far, and grant us restful sleep. May your angels guard our dreams and guide our
your will. In Jesus' name, we pray. Amen.Download a personal PDF copy of these beautiful nighttime prayers HERE.Print these and keep them by your bedside as a reminder to give God the worries of your day and to rest in His comfort and peace. Night Prayer for ProtectionDear God, As I prepare to sleep tonight, I ask for your loving protection.
 Watch over me and my loved ones, keeping us safe from harm and danger. Surround us with your engels, Lord, and let your peace fill our hearts. Shield us from any fear or worry that may try to disturb our rest. Thank you for your constant care and love. I trust in your protection, and I place my faith in you. In Jesus' name, I pray. AmenAt the End of A
Hard DayFather, I can barely lift my eyes to you. It's all I can do to cry out for help. Please extend your grace to me this day. Forgive me for how I have
complained and muttered about how hard this day has been. Forgive me for forgetting that you are with me. Forgive me for failing to remember the glorious truths and riches I have because of the gospel. Father, hear my prayer. Grant me gospel hope in the midst of
this hard day. Help me to cling to your grace, your wisdom, and your strength. ~ Christina FoxA Beautiful Prayer to End the DayHeavenly Father, my day is drawing to an end, and I'm ready to turn in. But before I do, I have to thank you for your faithfulness today. It's always a good day, even when things may not go the way I plan, or when the world
seems in chaos because you are in control. For all the times when I was aware of your help today, all the times when your unseen presence seemed so near, thank you, God. But for all the ways you worked behind the scenes, unknown to me, moments when heaven-sent angels moved on my behalf in ways I'll never know, thank you for those also, Lord
Amen. ~ Rebecca Barlow JordanFor Calm at BedtimeDear God, As I lay down to rest, I come before you with a heart that may be troubled or restless. Please, Lord, grant me the peace and calmness I seek. Help me release the worries and anxieties of the day. I surrender them to you, knowing that you are in control and that I can trust in your wisdom
and love. Fill my mind with soothing thoughts, and quiet my racing thoughts, and quiet my refuge and strength, especially in moments of stress. I find comfort in your arms, knowing that you are always with me. As I close my eyes, may your peace settle over me, and may I
wake refreshed and renewed in your grace. In Jesus' name, I pray. AmenFor Sweet Sleep at NighttimeHeavenly Father, who gives rest to His children will You wash over me a peace that passes all understanding as I lay down to sleep tonight? I ask that You would ease the load of the burdens I am carrying. My desire is to be an effective mother, wife
and friend and I know my attitude, energy level, and spiritual life will not be sufficient to do this if I dont have the deep spiritual rest You long to give me. Be merciful, O Lord, and give sweet sleep to Your child. In Jesus Name, Amen. ~ Lysa TerKeurstA Bedtime Prayer to Stop an Anxious HeartDear Lord, please help me trust You and empower me
through Your Spirit to stop my emotions from bossing me around. I want to quit worrying about what might happen and focus on what has already happened by remembering and praising You for Your faithfulness in my life. In Jesus' Name, Amen. ~ Renee SwoopPrayer for a ResetLord, I long for those moments early in my faith when I felt your
closeness, your joy, your energy and zest for life. I confess that the daily grind has ground down my passion for you. I confess that I allow the cares of the world to choke out the joy of the gospel. Lord, turn my heart toward you again. Fix my eyes on you, fix my heart on you. Help me have a reset in my faith and in my life, starting today. Renew my
heart, renew my life for you and your ways. Help me see the daily routines of life as moments to gracefully submit to your will. Thank you for being the Lord of my life everyday. In Jesus Name, Amen. ~ Jennifer WaddleAn Evening Prayer of ThanksDear God, we thank you tonight for the good day and for the special way you take care of us all the time
Thank you for the fun times outside and the quiet times inside, and for helping us learn new things every day. Thank you for creating us special, exactly the way you wanted. Thank you for protecting us throughout the day. Forgive us for the wrong things we do. Thank you for loving us even when we disobey or try to do things our way. Help us to
always choose your way, God, because its always best. We pray for all the people who dont know you, and that they will come to understand your for our family and thank you for good times together and apart. Bless our friends and those we love, including our grandparents, our aunts and uncles and cousins. Thank you for our
home and a place to sleep and good food to eat. Help us rest well, give us peaceful dreams, and send your angels around our home to protect us throughout the night. Teach us to trust you and to love you more and more. You are great; and you are faithful, God. And we love you. Good night. In Jesuss precious name, Amen. ~ Rebecca
Barlow JordanNight-time Blessing PrayerDear God, Thank you for your great love and blessing over our lives. Thank you that you for your great love and blessing over dur lives. Thank you for your great love and blessing over our lives. Thank you that you favor has no end, but it lasts for our entire lifetime. Forgive us for sometimes forgetting that you favor has no end, but it lasts for our entire lifetime.
for your guidance so that we might walk fully in your blessing and goodness today. We ask that you would close the wrong doors and protect us from those we need to walk away from. Establish the work of our hands and bring to fulfillment all
that you have given us to do in these days. We pray that you would make our way purposeful and our footsteps firm out of your goodness and love. Give us a heart of wisdom to hear your voice, and make us strong by your huge favor and grace. In Jesus' Name, Amen. ~ Debbie McDanielRelated Resource: Trusting God with Tomorrow's UnknownsThe
unknowns of tomorrow can weigh heavy on our hearts, but Jesus reminds us to trust in Gods care and surrender our worries to Him. - Rachel Wojo. Your Nightly Prayeris a daily Christian prayer podcast from the LifeAudio Podcast Network and Crosswalk.com. Each night, the team behind Crosswalk.com brings you a devotional and prayer to help you
end your day in conversation with God. May these nightly prayers help you find the words to pray and focus your heart and mind on the love of God as you end your day. If you like what you hear, subscribe on Apple or Spotify so you never miss an episode! For True RestDear Lord, break me of the need to be busy pursuing a sense of self-worth. Make
me secure in who You are and who Youve made me to be, and as a result, teach me what it means to truly rest. Help me catch my breath. In Jesus Name, Amen ~ Max LucadoA Nighttime Prayer to Feel God's LoveHeavenly Father, As I close my eyes tonight, I want to thank you for your boundless love that surrounds me always. Your love is a constant
source of comfort and assurance in my life. Lord, help me to truly feel and experience your love in the quiet moments of the night. Let your presence. Thank you for loving me unconditionally, for knowing me completely, and for always being there for me. I am
grateful for your love, and I cherish the relationship I have with you. As I sleep, may I rest in the assurance of your love, knowing that you are watching over me and guiding me. In Jesus' name, I pray. Amen. To Sleep Worry FreeLord, Ive shouldered my cares as if Im the one in control. Help me become like a child, handing all my stresses, worries and
responsibilities to You, my faithful Father. I trust You. In Jesus Name, Amen. ~ Amy CarrollForgiveness at the End of the DayForgive me for any foolish actions on my part today or things I did without first asking your blessing or wisdom. Those are moments I'd rather forget, but I'm so grateful for your forgiveness when I ask. I never want to go to bed
without clearing the air between us, Lord. Our friendship means too much, and your holiness deserves that. Thank you for loving me just as I am. In Jesus Name, Amen. ~ Rebecca Barlow JordanA Short Nighttime Prayer (2 Timothy 1:7) For Gods not given me a spirit of fear, But a spirit of love, and of power, and a sound mind, To live each day and
glorify his name. Popular Childs Bedtime Prayer, 18th CenturyNow I lay me down to sleep, I pray the Lord my soul to keep, Watch and guard me through the night, and wake me with the morning
 light.Amen.At the End of a Disappointing DayLord, thank You for working in my life, even in ways that look like failure. Help me keep my eyes on You and not on my situation. Help me trust You more, especially when I face what looks like a disappointment. In Jesus Name, Amen. ~ Glynnis WhitwerA Night Prayer for Loved OnesAs I close my eyes
tonight, I'm praying for loved ones around me, for friends and those who need to know you, Lord. I'm praying that your love, like the billions of stars in the night sky outside, will touch them and help them see who you really are. I pray for our world and those in it. I pray for their needs as well as my own.~ Rebecca Barlow JordanFor Peaceful
SleepDear Jesus, teach me to daily lay my burdens at your feet. Show me I can trust in your loving care. Grant me, your beloved, the nourishing blessing of rest and peaceful sleep. ~ Rachel OlsenTo Rest WellDear Lord, thank You for rest. Thank You for rest. Thank You for rest. Thank You for rest while You continue to hold everything together. Help me rest well and worship You
through rest. In Jesus' Name, Amen. ~ Rachel OlsenRest from StrivingDear God, Im realizing its not my curse that I believe Im not enough; its my sin that I keep trying to be. Thank You for the reminder that life with You means I can rest, and I have nothing to prove. Will You continue to show me Your freedom, Your power and my need to stop
striving to please You and instead just live life with You? In Jesus Name, Amen. ~ Jennifer AllenFather, we thank TheeFather, we thank thee for the night, And for the pleasant morning light; For rest and food and loving care, And all that makes the day so fair. Help us to do the things we should, To be to others kind and good; In all we do, in work or
play, To grow more loving every day. -- Rebecca Weston - 1890For the Overwhelmed, overwhelmed HeartLord, when my heart is overwhelmed me to You, my rock. Guide me to You, my 
overwhelmed and placing it under your will. Thank You, Lord. In Jesus Name, Amen. - Jennifer RotheschildEvening Prayer of Confession is never a mistake; it frees us from the chains of the enemy. We know we cannot hide our hearts from you. Help us to let go of our
bitterness and fear, and purify us with the knowledge that you have taken away every sin. In your name, Amen. When You Can't "Feel" GodDear Father in Heaven, Thank you for your steadfastness and continual presence in our lives. Sometimes, we can feel you right next to us. But sometimes, it is hard to know that you are there at all. Sometimes life
gets so difficult that our hearts just cannot feel you through the pain. Sometimes you take away those feelings but rather on your love for me. May I rely on your Word to be the truth that rules my life over my own understanding. Help me to see
you and believe in your character even though my feelings may tell me otherwise. You are good, and you are gracious. You are both all-powerful and all-loving. You care deeply for me and for my loved ones. Be with me as I live out these truths no matter what my circumstances are today, Lord, as we walk forward together. I love you and
pray all of these things in your Sons amazing name, Amen. ~ Kelly-Jayne McGlynnBedtime Prayer For a Weary MomDear Father in Heaven, I come before you weary and beat down by this long day. Being a mother can be so hard! I often feel helpless and inadequate. I never know what to expect. I often don't know what to do. The constant change
 leaves me reeling. The twists and turns of each day is a glaring reminder of how needy and dependent I am. The book of Hebrews tells me I can come to you in confidence and find the grace and mercy I need. And so I come to you in confidence and find the grace and mercy I need. And so I come to you now to lay all these burdens at your feet. I feel so overwhelmed by the details of life. It seems like I can never get ahead
Just when I clean up one mess, another one pops up somewhere else. Just when I think I know what I am doing as a mom, my child enters a new age and stage. Just when I think I have a steady routine in place, someone gets sick or hurt. Some days I wonder if Im really cut out for motherhood. I know I failed to glorify you today. I failed to love as you make I can be a more more more on the pops up someone gets sick or hurt.
love me. I failed to extend the grace youve given me to my children. Forgive me for striving in my own strength. Forgive me for my fears over all the unknowns of motherhood. Forgive me for my impatience and for wanting life to go my way. Each of
these sins and failures reminds me of just how much I need a Savior. Today reminds me that I need Jesus more than I did yesterday and that tomorrow you would be with me in all ups and downs of my day. Help me to find my joy in you and not in my circumstances. Help me not to fear whatever twists
and turns may come. Help me to love my children and serve them well. Help me to enjoy each moment with them and not spend my time worrying about the next moment to come. May I remember that even when it feels otherwise, you are always with me and will never leave me or forsake me. Tonight, may I sleep in peace knowing that even when I
lose my grip, you never let go of me. And may I open my eyes in the morning to find mercy, fresh and new, ready for the taking. ~ Christina FoxSoul RestLord, thank You for providing a rest for my soul thats not attached to a person or experience. You created me for this rest, and I accept it now. Help me fully trust You with my heart. In Jesus Name,
Amen. ~ Glynnis WhitwerBedtime Prayer (song by Twila Paris)Now I lay me down to sleepI pray dear Lord that you will keepYour eyes upon this sleeping worldEvery little boy and fellBless the puppy down the streetThe
neighbors I have yet to meetBless my mom and dad especially Just one more thing I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like to say Before I close another day I'd like I'
everywhereI hope they know how much you careMaybe someday I can goAnd tell them that You love them soBless Grandma and my Grandpa tooAnd all my friend and all they doBless every twig upon my family treeJust one more thing I'll say to youI'm so amazed by all you doI'll thank you once again because it's trueThat you bless meA Prayer for
Strength at the End of the DayAs I lay down to rest at the close of this day, I come before you, seeking strength to fill my heart and soul.Lord, you know the challenges I faced today, and you understand the burdens on my mind and heart. I surrender them to you
now, trusting that your strength is made perfect in my weakness. I pray for your guidance and wisdom as I navigate life's journey. Help me to make choices that align with your will and purpose for my life, even in the quiet
moments of the night. I place my trust in you and find my strength in your unwavering love. May your grace sustain me and grant me a peaceful and restful sleep. In Jesus' name, I pray. Amen. Night Prayer for PeaceGod, teach us what it means to have faith in silence. When we face trials that are beyond our understanding, help us to find peace. Help
me be joyful in hope, patient in affliction, and faithful in prayer. You set all things in accordance with your time. Remind us to wait patiently and find peace in your plan. ~ Dick WoodwardScripture for Night PrayersPsalm 3:3-5 ~ But you, O Lord, are a shield about me, my glory, and the lifter of my head. I cried aloud to the Lord, and he answered me
from his holy hill. Selah. I lay down and slept; I woke again, for the Lord sustained me. Psalm 4:7-8 ~ You have put more joy in my heart than they have when their grain and wine abound. In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety. Psalm 42:8 ~ "The LORD commands his mercy during the day, and at night
his song is with me-- a prayer to the God of my life. "Proverbs 3:24-26 ~ "When you lie down, you will not be afraid of sudden terror or of the destruction of wicked people when it comes. The LORD will be your confidence. He will keep your foot from getting caught. "Philippians 4:6-7 ~ Do not be afraid of sudden terror or of the destruction of wicked people when it comes. The LORD will be your confidence. He will keep your foot from getting caught." Philippians 4:6-7 ~ Do not be afraid of sudden terror or of the destruction of wicked people when it comes. The LORD will be your confidence.
be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Catholic Night Prayers The Sign of the Cross: In the name of the Father, and of the Son, and of the Holy
Spirit. Amen. Act of Contrition: O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offended Thee, my God, who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to
amend my life. Amen. The Guardian Angel Prayer: Angel of God, my guardian dear, To whom God's love commits me here, Ever this night be at my side, To light, to guard, to rule, to guide. Amen. The Memorare: Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy
intercession was left unaided.Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful.O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen. The Examen (Evening Reflection) Written by St. Ignatius Loyola, the Examen is a daily
process for prayerfully reflecting on your day.1. Remember Gods presence. Even after a trying day, God will quiet your soul as you remember His present to you.2. Respond to Him with thanks. Giving thanks gives God glory and helps us look on the
 bright side of a bad day. What small blessings can you thank God for?3. Reflect on how God showed Himself to you.God reveals himself through miraculous, divine intervention. Other times, He shows Himself quietly through the beauty of
a flower or an earnest conversation. As you reflect on your day, can you identify moments where you sensed Gods revelation or intervention?4. Repent of your failings. I dont like recognizing my own sin, but repentance is key to continual renewal in our relationship with God. As you reflect on your day, remember specific points where you failed. Bring
your shortcomings before God and ask Him to forgive you. 5. Resolve to grow. God is in the business of changing us, so dont let your failings discourage or define you need to make right or anyone you need to apologize to? What can you do
differently tomorrow? Share your go-to evening prayer and discover others on Crosswalk Forums! Click HERE. photo credit: GettyImages/kieferpixThis article is part of our Prayer resource meant to inspire and encourage your prayer what to pray
Remember, the Holy Spirit intercedes for us, and God knows your heart even if you can't find the words to pray. The Lords Prayer for ProtectionPrayer for Prayers for Prayers for Prayer for Prayer for Prayers for Prayers for Prayers for Prayers for Prayer for Prayers for Prayers for Prayers for Prayer for Prayers for Prayer for P
day with prayer: read or listen to todays prayer and sign up to receive it by email. Originally published September 12, 2023. A Prayer for Growth in the Body of ChristBy Chelsey DeMatteisBible Reading: "And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the
body of Christ." - Ephesians 4:11-12Listen or Read Below:Ill never forget the first time I was invited to have a seat at a ministry experience was a gift of grace. You see, I was twenty-two, not yet married, and had a story filled with redemption. I didnt have the testimony of walking with Jesus
from the time I was young; mine was quite the opposite; it was full of rebellion and a great awakening to understanding my need for a savior. This room, full of women, welcomed me with open arms. They invited me in. They made a place
for me and my giftings - they could see the place that God had wanted me. They were, as the Bible puts it, equipping me and building me up for the body of Christ.. (Eph 4:12). The early church placed such an emphasis on training up believers, so much so, that many of Paul's letters and Jesus' messages were to go and tell the good news of the gospel
and to share this message of hope with all who would listen. The beauty of this commission is that God knew it would require people with diverse giftings to carry out this mission. It would require people with diverse giftings to carry out this mission. It would require people with diverse giftings to carry out this mission. It would require people with diverse giftings to carry out this mission.
preparing meals for others. The list could go on forever because God has a plan and purpose to use every believer to carry forth His message. Churches all over the country, and the world for that matter, are looking for people who are willing to serve in the way they have been gifted. Though they may not spell it out that way, they are - and if they are in the way they have been gifted.
not, they should be. The greatest blessing to a church is a thriving body, and we thrive as a body when we are carrying out our specific gifts for the glory of God. The Bible tells this in many ways: Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; the one who
teaches, in his teaching; the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness. Romans 12:6-8As each has received a gift, use it to serve one another, as good stewards of God's varied grace: whoever speaks, as one who speaks oracles of God;
whoever serves, as one who serves by the strength that God suppliesin order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen. 1 Peter 4:10-11Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of
activities, but it is the same God who empowers them all in everyone. 1 Corinthians 12:4-6How do you or how can you use your giftings right now in this current season? Does your church know what it is you love to do? Or, if you're not sure what you're gifted with, what sets your heart on fire for the Lord? Whichever question you find yourself
answering, take time to sit in prayer with the Lord on how you can best serve Him and the church. Once you've spent the time with Him, talk with a fellow church member about coming alongside you to help walk out this gifting. Accountability is another great blessing that comes from the body of Christ. We were never meant to do this work alone,
having someone to hold us accountable and pray for us is essential. Once you've found your help, then you can pray if the Lord calls you to take this to your church as an area where they can grow a ministry. Once again, the church is seeking willing vesselspeople hungry for God and His Word and wanting salvation for others! Pray to be a vessel; ask
God to fill you up and pour you out as you serve Him faithfully in the way He's gifted you. The church needs you, and God has given you great gifts with a purpose. Let's Pray:Father, thank you for the incredible blessing of spiritual giftings. What an honor it is to use the way you've created me to draw hearts closer to Jesus. Please help me as I grow in
voice behind the Living with Less Podcast and author of the 52-week devotional More of Him, Less of Me: Living a Christ-centered World. She writes Bible reading plans for the YouVersion Bible App. Chelsey lives in Ohio with
her husband and two children. You can connect with her on Instagram @chelseydematteis and at her website ChelseyDeMatteis.com.Listen to Greg Laurie's New Show! Everyone talks about life matter, or why do I feel empty inside?'
And, 'What really happens when I die?' Pastor Greg Laurie has helped millions find profound hope through true faith. On "The Greg Laurie Show," he transparently shares his own journey from hopelessness, addiction, and abuse to a spiritual revolution that transformed everything. Drawing on decades of impactful ministry, Greg tackles life's deepest
questions, offering timeless biblical wisdom, practical guidance, and a compelling vision for a life radically transformed by Christ. Join Pastor Greg as he navigates today's cultural challenges, unpacks spiritual truths, and empowers listeners to discover lasting joy and meaning in a relationship with God. Now that you've prayed, are you in need of
 someone to pray for YOU? Click the button belowThis site is a proud member of the Salem Web Network, a subsidiary of Salem Media, our partners and affiliates use cookies to operate our website and share information, which allows us to show your personalized content and manage ou
objectives as a business. Shorts prayers are beneficial for modern Christians to continually turn to God in supplication. They provide a quick and easy way to seek God and express our gratitude and wishes. A short prayer usually consists of just a few words or sentences and can be used throughout the day within our spiritual life. Some examples of
short prayers include:- "Lord, have mercy on me." (The Jesus Prayer)- "Lord, thank you for this beautiful day."- "May peace and love fill my heart."- "Show me the way to light and truth."- "Help me to be kind and patient."- "Guide me with your wisdom."- "Fill me with joy and gratitude." These short prayers are a great way to take a few moments each
day to give thanks to God for everything in our life. Whether you have had a personal relationship with God for years or are only beginning to discover who Jesus is, we all need guidance sometimes when it comes to prayers. Its often hard to find the words to pray so we put together this collection of short prayers. The following short prayers offer
guiding words to pray over various topics, including worry, anxiety, doubt, forgiveness, fear, and other areas where we need Gods help. Please use these prayers and allow the Holy Spirit to guide you. Also, add some of your own words and personalize your petitions to God. Short Prayer for Difficult Times I pray that despite the difficulty surrounding
us that we can stand firm in our faith. I pray we can share the love of Jesus with all those around us and that the lies and the schemes of the enemy will not prevail. I lift the people who dont know you, I pray you would bring people into their lives that can bring truth to their hearts and hope for their souls. Thank you for your peace, Lord and thank you
that we can come to you and you meet us right where we are. In your name we pray, Jesus, amen." ~ Heidi Vegh (excerpted from Prayer for PeaceFather God, my heart is filled with fear and confusion. I really need the strength
and peace that only You can give. Right now, I choose to rest in You. In Jesus Name, I pray, Amen. ~ Mary Southerland. Prayer for the Broken-Hearted "Dear Father, You who are my Comforter in sorrow, my heart is faint within me
(Jeremiah 8:18). In this darkest of times in my life, Father, I turn towards you, asking You to mend my brokenness and extend Your healing into to every area of my heart but You who created my innermost being and knit me together in my mothers womb, can
make my heart anew again (Psalm 139:13). I praise You, Father, because in You, I can be set free from the grief, as your word assures, So if the Son sets you free, you will be free indeed (John 8:36). Thank You for Your nearness to me during this time of overwhelming heartbreak and loss. In Your beautiful name I release my deepest sorrows and
receive Your abundant life. Today, Father, I receive Your freedom from this brokenness to heal my heart. I look to you to turn my sorrow into joy and to replace my many tears shed with joyful songs (Psalm 126:5). In Jesus name, Amen" ~ Lynette Kittle (excerpted from A Prayer for Broken Hearts) Prayer for Perseverance Holy Lord, Thank You for
grace. Please help me move beyond the hurdles that trip me up and give me the strength and wisdom to look up and see the hope I run toward in Christ. In Jesus Name, Amen. ~ Gwen SmithDownload our free PDF of calming Prayers for Self
ControlFather, today I ask forgiveness of all the negative and harmful words I have spoken about myself. I do not want to abuse myself in such a way again. Transform my thoughts and let me understand how marvelously you made me. Change my habits so I use my tongue to speak hope and favor upon my life. In Jesus' name, Amen. ~ Sarah
ColemanPrayer for Your ChildrenLord, I release my children to Your care and protection, and I relinquish my will for them in favor of Your will. I know I can't go everywhere my child goes, but I know you do. Please protect them. Give us wisdom for how to parent well. Give us peace in Your goodness toward our children and your love for us. In Jesus'
Name, Amen. Tr. Neil T. AndersonPrayer for Loving Like JesusFather, I have to thank You for loving me unconditionally. Forgive me when I fail to love others in the same way. Give me eyes to see the needs of the difficult people in my life, and show me how to meet those needs in a way that pleases You. In Jesus
Name, Amen. ~ Mary SoutherlandPrayer for Gods DirectionLord, help me not to lean on my own understanding but in everything acknowledge You so that You can direct my words, thoughts and actions. In Jesus Name, Amen. ~ Sharon GlasgowPrayer for When You Feel UnworthyLord, thank You that in Christ, I'm chosen, holy and dearly loved. When
I'm tempted to measure myself according to the world's standards or my foolish comparisons, help me to recognize Satan's lies, refuse his tempted to worry about so many things. Our world is a mess! Forgive me for focusing on
anything or anyone but You. Thank You for the Bible that equips and empowers me to live each day. Right now, I declare that You are my only Hope. Please help me remember that You are my only Hope. Please help me remember that You are my only Hope. Please help me remember that You are my only Hope.
strong. Lord, the Devil is scheming and I know he desires to keep me from spending time with you. Dont let him win! Give me a measure of your strength so that I might not give into discouragement, deception and doubt! Help me honor you in all my ways. In Jesus Name, Amen. ~ Debbie PrzybylskiPrayer for Control of TongueLord, I know my tongue
often gets ahead of my mind and heart. I am quick to speak and I repent of the many thoughtless things I have spoken. I am sorry for the words I have spoken in anger or in gossip. Please help me to see when I am about to speak without thinking and to check my heart. Help me be slow to speak. Help me Lord to be a person full of loving words, full of
your Spirit, overflowing with love, joy, peace, patience, kindness, gentleness and self control. Amen. ~ Debbie PrzybylskiPrayer When Feeling InadequateDear Lord, Thank You for fearfully and wonderfully creating each of us. Thank You for fearfully and wonderfully creating each of us. Thank You for fearfully and wonderfully creating each of us. Thank You for fearfully and wonderfully creating each of us. Thank You for fearfully and wonderfully creating each of us. Thank You for fearfully and wonderfully creating each of us.
strive, living peacefully and joyfully as heirs to Your Kingdom and co-heirs with Christ. In Jesus Name, Amen. ~ Julie SunnePrayer for Being GratefulFather, I am so sorry for the way I complain about my circumstances. Please forgive me for my bad attitude when things don't go my way. I want to see Your hand in every part of every day - good or bad.
Help me learn how to face every storm with confidence, knowing that You really are in control even though I cannot hear Your voice or see Your hand at work. In Jesus Name, Amen. ~ Mary SoutherlandPrayer of Gods ProvisionDear Father God, Thank You for Your faithfulness to
guide me and see me through times of uncertainty, for lifting me up, and setting me on high. Thank You for Scripture that comforts and reminds me of Your promises, plan, and provision. Thank you for taking away my fears and worries, the what-ifs, and reminding me that my help comes from You. Help me be a good steward and to sow wisely. In
Christs Name, Amen. ~ Renee DavisPrayer for Growing FaithDear Lord, help me - every single morning - to find faith in the midst of the chaos. Give me the desire and ability to see You, and that my faith will multiply exponentially as I
understand in new, deeper ways that You are everything I ever hoped You would be. And so much more. Amen. ~ Kelly ODell StanleyPrayer for ConfidenceLord, help me let go of my fear of failure. I know Satan wants to use my fears to hold me back from living boldly for You. Forgive me for not living in faith, and help me from this moment on to live
with bold confidence in You. Lord, help me not compare myself to others around me. I pray instead that I can keep my eye on You and live a life that proclaims Your excellence. In Jesus Name I pray, Amen. ~ Rick WarrenPrayer for a Heavy HeartLord, I want to lay before you all that weighs heavy on my heart. Reveal even the sin I am not aware of,
Lord. I lay these at your feet and pray your forgiveness on me. I believe you when you say that you wash us whiter than snow. Thank you Lord for your unending love for me! Help me start fresh right now to make choices that honor you. In Jesus' Name, Amen. ~ Rick WarrenPrayer for Hope and TrustFather, sometimes it does feel that you have left us
in the battle. We know that you are with us, but so are our feelings of aloneness. The Enemy seems to go unanswered. We know you are at work, but help us trust you in the midst of our guestions. In Jesus' Name, Amen. ~ Ron MooreShort Prayer for ThankfulnessGod, sometimes life gets me down and
I find it hard to see things to be thankful for. Open my eyes to see the gifts youve given me in my life. Im going to start by thanking you for loving me enough to come to earth and die so we can live together forever. Amen. What conflicts am I
allowing to brew in my family? What anger is bubbling into murderous rage in my relationships. I choose instead the way of love. Love protects. Help me to protect those I love by loving them. Your way is always best, Father. I pray in Jesus Name, Amen. ~ James MacDonaldWhat are you
praving to overcome today? Join our large praying community on Crosswalk Forums and experience the power and hope of bringing your petitions before God! Click HERE. Image credit: Getty Images/Jantanee Rungpranomkorn; Video credits for audio, video, photos: Soundstripe, Storyblocks, LightStock, ThinkStockThis article is part of our Prayer
resource meant to inspire and encourage your prayer life when you face uncertain times. Visit our most popular prayers if you are wonderinghow to pray. The Lords PrayerPrayer for PeaceMorning PrayersGood Night
PrayersPrayer for HealingPrayer for ProtectionPrayer for StrengthNow available is our new Daily Prayer and sign up to receive it by email. Originally published February 17, 2022. Prayer is the best way to start the morning; it helps us
to start our day with the right focus. When our day is focused on God, our ever-changing circumstances will not seem so daunting. And when we remind ourselves that Christ is with our minds on God and others, we will think and walk
more humbly and we will be more open to the Holy Spirit's guidance. "Prayer is a spiritual journey from your present location to the country requires that you have a plan to reach your destination, you need a plan to assist you in your spiritual journey of prayer. Prayer is a spiritual journey from your present location with God. Since
this is your spiritual destination every day, you need a plan to help you reach your destination effectively and consistently." -Ronnie FloydHere are 17 helpful morning prayers to start your destination effectively and consistently." -Ronnie FloydHere are 17 helpful morning prayers to start your destination effectively and consistently." -Ronnie FloydHere are 17 helpful morning prayers to start your destination effectively and consistently."
whether thats kneeling, folding your hands, or closing your eyes. You might even find yourself speaking in a certain churchy tone using phrases like Let us go before the Lord in prayer. When you do this, you can end up treating prayer like yourself speaking in a certain churchy tone using phrases like Let us go before the Lord in prayer. When you do this, you can end up treating prayer like yourself speaking in a certain churchy tone using phrases like Let us go before the Lord in prayer.
spend time with your Father. While theres nothing wrong with those postures, and while reverence in prayer is necessary, lets not forget that prayer doesn't always need to be polished or prepared. Sometimes, the most powerful prayers are the simplest ones. Just look at Peter. When he stepped out of the boat and took his eyes off Jesus, he started
sinking. He didnt say, Dear Heavenly Father, I beseech Thee in this perilous moment If he had continued, he might have sunk by the time he got to beseech. Instead, he cried out three urgent words, Lord, save me! That was his complete prayer. And you know what? Jesus responded. He didnt wait for Peter to posture himself; he just reached out and
saved him. There is power in short, direct prayers, so dont underestimate them. Sometimes that all you can offer. The beautiful part is, God hears and answers those, too. Short Motivational Prayers for Work Situations Prayer before work: Lord, as I begin my workday, help me remember that though I have a boss, I
work for you. Let me do the type of work today that would bring you honor so that at the end of the workday you would say to me, well done. Prayer before a meeting: Lord, as this meeting begins, give me ears to be a good listener. When I speak, give me confidence and courage to say what needs to be said, but also wisdom to hear what needs to be
heard. Help me know when to be firm and when compromise is the right solution. Let me always be respectful of everything people say and help to ensure they know their opinions matter. Prayer while facing a performance or presentation; Father, as I prepare for this presentation, help me remember all that I have prepared. Give me confidence and
poise to deliver and I pray the audience will understand and receive what I have prepared. Prayer for a tough boss: Father, you see the challenge I have with my manager. Give me grace to endure so I dont say or do something I may regret later. Give me wisdom to know how to address them to help create a better working environment for me and for
them. Prayer for a difficult employee: God, you know this employee irks me. Show me how to reach them and the best way to deal with them. Help me keep my personal feelings out of the equation so I can be objective to ensure I am doing the right thing in this situation. Short Motivational Prayers for Personal HealthPrayer for working out: Lord, help
my motivation to work out today. Give me the desire and drive I need to do my best and challenge myself to care for this body you gave me. Prayer for those who are trying to eat healthy: Lord, as I go through my day, give me wisdom and self-control to make wise decisions regarding the foods I eat. Help me limit or even eliminate those foods I know
are not good for me. Give me the strength to control the cravings, to make smart substitutions, and just to say no when I need to.Prayer for a sound mind: Father, when my thoughts feel heavy and scattered, renew my mind with Your Word. Replace fear with truth, and give me the calm that comes from trusting You. Short Motivational Prayers for
Tough SituationsPrayer before a challenging conversation: Father, you know I have a challenging issue to address, and I dont know the direction this conversation will go in. Honestly, there is a possibility it may not be easy for the person to hear, but give me the courage to
say them anyway. Don't let them come from the wrong emotional place, but let them be sincere. I don't know how they will respond, but give me the wisdom to react in a manner that is appropriate for their response. Prayer when you feel overwhelmed: Lord, this is too much for me today and I feel like I am being swarmed. Yet you say your grace is
sufficient for me (2 Corinthians 12:9). Lord, strengthen me by your grace so I can stand during this time of pressure. Also Lord, help me know when I need to say no or what I need to let go, so I don t take on more than I can handle. Prayer when you are having a bad day: Father, this day is not going well, yet you are still a good God. Remind me of your
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faithfulness and goodness so I can rejoice in you today. Prayer when struggling with a decision: Father, I am uncertain about what to do and I need your help. You have said to trust you and acknowledge you in all my ways. As I do that, lead me and give me the clarity I need so I can make a decision that aligns with your will. Short Motivational Prayers for Developing Godly CharacterPrayer for personal integrity: Father, as I live today, let my life be one of character. Allow me to live in such a way that would bring your name honor and glory, not shame and embarrassment. Whether the entire world is watching or no one is, remind me that your eyes are always on me. Let the choices and decisions I

make, whether public or private, be ones that are pleasing in your sight. Prayer for dealing with temptations around me. Help me make better choices about where I go, what I watch, and who I spend time with. Remind me when tempted with sin that the pleasure of sin only lasts a moment, but the pain that comes after sin can last a lifetime. Prayer for when you are angry: Lord, your word allow for sin to result from it. Help me control my anger so that I dont do or say something that will hurt someone else or that I will regret later. Prayer when you feel prideful: Father, your word says you resist the proud but give grace to the humble (James 4:6). I feel pride rising in my heart and I know that breaks your heart. Help me humble myself so that you will not set yourself up against me. More Short Motivational Prayers Prayer for peace in unsettled moments: Father, my heart feels anxious and restless. Remind me that you are near. Quiet my thoughts with your truth and anchor my soul in your peace. Prayer for safety while traveling: Lord, go before me and watch over every mile. Protect me from harm, guide my way, and bring me safety to where youve planned. Prayer when someone asks for prayer:Lord, before I pray, help me sense their need and pray as your Holy Spirit leads me. Prayer of thanksgiving in any situation: Your word tells us to give thanks in everything. Lord, I will thank you and prayers matter. While they are effective and get right to the point, they should not be the only prayers you pray. Those brief prayers should be part of an ongoing conversation you have with the Lord. Thats what it means to pray without ceasing. You invite God into every moment, every situation, regardless of how big or small it seems. When you do this, you are not just praying now and then, but you are building a life where prayer is a natural part of it. The best part is that God is faithful to answer when you reach out to him in prayer. Yes, even those short prayers. So, I encourage you to let those short prayers become part of the rhythm of your day and watch how God shows up when you call on his name. This is what the Lord says, he who made the earth, the Lord who formed it and established itthe Lord is his name: Call to me and I will answer you and tell you great and unsearchable things you do not know." (Jer. 33:3)Looking for more Short Motivational Prayers? Click HERE. Photo credit: GettyImages/tommaso79Clarence L. Haynes Jr. is a speaker, Bible things you do not know." teacher, and co-founder of The Bible Study Club. He is the author of The Pursuit of Victory: How To Conquer Your Greatest Challenges and Win In Your Christian Life. This book will teach you how to put the pieces together so you can live a victorious Christian life and finally become the man or woman of God that you truly desire to be. Clarence is also committed to helping 10,000 people learn how to study the Bible and has just released his first Bible study course called bible study course called bible study become the man or woman of God that you truly desire to be. Clarence is also committed to helping 10,000 people learn how to study the Bible and has just released his first Bible study course called bible study course called bible study become the man or woman of God that you truly desire to be. resource meant to inspire and encourage your prayer life when you face uncertain times. Visit our most popular prayers if you are wonderinghow to pray. The Lords PrayerPrayer for PeaceMorning PrayersGood Night PrayersPrayer for HealingPrayer for ProtectionPrayer for ProtectionPrayer for StrengthNow available is our new Daily Prayer devotional and podcast! An easy way to start your day with prayer: read or listen to todays prayer and sign up to receive it by email. Originally published June 10, 2025. Prayers for healing are a testimony of faith, trust, and reliance on God's love and compassion. They are deeply ingrained in the Christian spiritual life, offering hope, support, and comfort in times of pain or distress. "Heal me, O Lord, and I shall be saved, for you are my praise." (Jeremiah 17:14)God tells us that through prayer, He can speak to and use us to work miracles for His glory. When you say a prayer for healing, you are coming to God completely surrendered and expectant to let His Holy Spirit work in and through you. I pray that you will find miraculous healing as you seek God's plan for your life - His plan to prosper you and to give you hope and a future! Focusing on God's promises and the hope of recovery can be a source of solace in difficult times. Whether you're reciting these healing prayers for yourself, a family member, or a friend, speaking them aloud can help you claim God's promises. Here are some of our favorite prayers for healing that you can use today to speak life and hope into your situation. May you receive strength and comfort from God as you pray for healing for yourself and your loved ones. Short Healing Prayers healing prayers play a big role in the Christian faith. As believers, we trust in the power of prayer and faith in God to bring healingwhether it's physical, emotional, or spiritual. These prayers come from the belief that God is loving and compassionate, always ready to provide comfort, restore health, and offer relief to those who seek Him. Youll find healing prayers across different Christian denominations like Catholic, Protestant, and Orthodox. People might pray alone or together during a church service or in a prayer group. Its a beautiful way to connect with God and ask for His healing touch. Prayer for Physical Healing Heavenly Father, we come before you in faith, seeking your healing touch. We believe in your power to restore health and well-being. Please lay your hands upon [Name] and remove any sickness or pain from their body. Grant them strength and vitality so that they may continue to serve you and others. In Jesus' name, we pray. Amen. Prayer for Emotional HealingLord Jesus Christ, we bring before you the wounded heart and troubled spirit of [Name]. We ask for your divine comfort and peace to envelop them. Heal their emotional wounded, grant them the strength to forgive, and fill their heart with love and joy. May they find solace in your presence and guidance. In your name, we pray Amen.Prayer for Spiritual HealingHeavenly Father, we seek your spiritual healing for [Name]. Reveal your truth, wisdom, and love to them. Help them draw closer to you, and may they experience the fullness of your grace and the peace that surpasses all understanding. Strengthen their faith and empower them to walk in your light. In Jesus' name we pray. Amen. Prayer for a Loved One's Healing Gracious God, we lift up our dear [Name] before you. You know their suffering, and you are aware of our deep concern. We ask for your healing touch to be upon them. Grant the medical professionals wisdom and skill, and may your divine presence provide comfort and strength to [Name] and their loved ones during this challenging time. In Jesus' name, we pray. Amen. Prayer for a Chronic Illness or Ongoing StruggleLord, we bring before you the ongoing struggles of [Name]. We ask for your enduring strength and grace to sustain them in their journey. Grant them patience and faith as they navigate this difficult path. Please use this experience to draw them closer to you and deepen their trust in your plan. In Jesus' name, we pray. Amen. These examples of Christian healing prayers demonstrate the diversity of situations and needs that individuals may bring to God in faith, seeking His healing prayers demonstrate the diversity of situations and needs that prayer can bring comfort, strength, and healing to those who trust in God's love and mercy. Discover more prayers for healing in the collection below!Download a personal PDF of Prayers for Healing HERE. Print these prayers for Healing HERE. Print these prayers for Healing HERE. Print these prayers and keep them with you at home, in the car, or work to remind yourself to seek the Lord in prayer. A Prayer for Personal HealingGod, you know me so well. You created me. You know the number of hairs on my head and the thoughts conceived in my heart before I ever vocalize them. You've told us to come to you and ask for every need of life. You are Jehovah-Rapha, the God who heals, and you have the final word on my destiny, the number of years I'll live and serve you on earth. I'm coming to you today as your child, longing to hear from you and asking for your divine healing. There's so much I don't understand about life. But I know that you can make me whole with one touch, one word. Please forgive me of my sins, cleanse me of my unrighteousness, and begin your healing from the inside out. I don't always know what your will is Lord, especially in times like now, when I desperately seek your face. I offer you no promises, bargains, or deals to exchange for my heart: that I want to spend as many years as I can loving you here, loving others, and wanting to become more like you. However you choose to accomplish that is up to youand okay with me. If you use doctors to provide healing, give them wisdom to know what to do. Regardless of how you accomplish it, the healing you give is always miraculous. And you deserve all the praise. I absolutely believe you have the power to heal. You demonstrated that on earth, and you still heal in miraculous ways today Even when my faith is weak, you say it is enough, and my love for you is strong. And I know you already hold my heart and life in your hands. It's what I ask for. That's what I desire. But if your answer is no, or not now, I know that your grace is sufficient for me. Ultimately, I want your will to be my will. I look forward to spending an eternity with you. But Lord, if you have planned still more for me to do here on this earth, I not only need and want your physical healing, Lord, but a thorough, deep-down cleansing and strengthening whole-hearted renewal of all that I am. Because all that I am is yours. Use this trial to strengthen me from a "what-if" faith to a "no-matter-what" faith. And no matter what, I choose to honor you and give you glory. In Jesus's name, Amen. - Rebecca Barlow JordanA Prayer for Healing Sick Family and FriendsLord Jesus, thank you that you love [name of person who needs healing]. I know that you hate what their illness is doing to them/me. I ask that you would heal this disease, that you would have compassion and bring healing from all sickness. Your word says in Psalm 107:19-20 that when we call out to you the Eternal one you will give the order, heal and rescue us from certain death. In the Bible, I have read of miraculous healing and believe you still heal the same way today. I believe that there is no illness you cannot heal; after all, the bible tells of your healing in this situation. I also know from my experience of life on earth that not everyone is healed. If that happens here, then keep my heart soft towards you, help me to understand your plan, and help me to be excited about heaven. God, I thank you that [name of person who needs healing] belongs to you and that you control everything that happens from our first breath to our last sigh. Amen. - Wendy van EyckCheck out more Prayers for Friendsto pray for their healing, protection, salvation, and more! A Prayer for a MiracleLord, Jesus, here I am again, asking You to do what only You can do in my life. Scripture tells me that You are the same yesterday, today, and forever. You are the God who performs miracles! So do a miracle in me! Heal me through and through! Deliver me from my tendency toward anxiety and worry. Show me how You fight for me. Give me a vision of what a healthy, healed me looks like, and help me to go after that girl with tenacity and purpose. Take my efforts and multiply them, Lord. My soul waits for You to do what only You can do. I love You, Lord. Amen. - Susie LarsonA Powerful Scripture Prayer for HealingA popular Scripture Prayer for them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. "You can incorporate this scripture into your own prayer for healing, along with your personal intentions, to seek God's healing and restoration. Here's a sample prayer: "Heavenly Father, I come before You today with a heart burdened by illness and seeking Your healing to my body, mind, and spirit.Lord, I ask for Your anointing and Your presence to surround me as we pray. Please use this prayer to make me well, for Your cleansing and forgiveness. I surrender this illness into Your hands, knowing that You are the ultimate healer, and I trust in Your perfect timing and will. Please grant me patience and peace during this time of waiting and healing. In the name of Jesus, I pray. Amen. "To Walk in WholenessFather God, many of us need healing for past hurts, random physical pains that I allow to waylay my days and Spiritual healing for various reasons. I reach up to You to receive this healing so that I may be whole and that I may be able to then minister to others in a way that brings You fullness of glory. How wonderful to be able to worship You without stain or blemish and to be totally healed. Show others Your healing power so that they may also be healed and walk in wholeness. In the precious name of Jesus. Amen! - Dawn Mast"But he was wounded for our transgressions, he was bruised for our iniquities, the chastisement of our peace was upon him and with his stripes we are healed." (Isaiah 53:5 KJV)Prayer to BelieveDear Lord, I come humbly before You asking You to heal me in every area of my life. I give You my heart in faith that You can make me whole praise Your name. Jesus, believe that You are my healer and redeemer! I love You, Jesus. AmenA Prayer for a Breakthrough Father, I ask You for a fresh vision for what breakthrough will look like in my life. Help me to enjoy the feast You prepare for me, right in the middle of the battlefield. I want my whole life to testify that theres a God in heaven who knows my name and who will get me safely home. Fill me afresh with the wonder of Your love and power. I am determined to win this battle with anxiety. Help me to discern when to feast, and how to actively engage my faith as I wait for You to breakthrough. May my life display Your power. Do the impossible in and through me, I pray. Amen. - Susie LarsonA Prayer to Receive my healing. Yes, I want to get well. Give me the faith to walk in freedom and victory. In suffer. It doesnt seem fair for her to have to endure so much pain. Even though I am powerless, I believe that you are powerful and capable of stepping into this situation and completely altering the outcome. In faith, I Jesus Name, Amen. - Sharon JaynesA Prayer When You're Watching a Friend SufferHeavenly Father, It is so hard to watch am responding to the promises in your word that you listen to our prayers and those prayers can make her well. So, I am bringing my friend before you to ask for your healing touch in her life. Thank you for the forgiveness of sin and the promise of eternal healing, but I am asking you to provide healing for her on this side of heaven. Amen. - Lisa SamraA Strong Prayer for Healing a Broken HeartLord, my heart is so heavy this morning. My sorrow is so great. In the midst of all this pain I am feeling, I am so thankful that you are God and I am not. I am thankful that you are all-powerful, that I do not have to hold it all together or be strong for everyone in my life. You are my strength. You are strong for my loved-ones when I cant be. I am thankful you are all-knowing that you know the outcome to this misery I am facing. That I dont have to figure out what the next week or month or year looks like, because you have it all held together. And you promise my feet wont slip. Help me, Lord! Strengthen me for today. Give me daily bread, that I can be sustained through this heartache. Thank you God that you are close when I am hurting. Thank you God for the comfort, grace and joy that only you can give. Hold me up today. In your name I pray, Amen. - Cortney WhitingA Prayer for Healing PowerFather God, many of us need healing. I need healing for past hurts, random physical pains that I allow to waylay my days and Spiritual healing for various reasons. I reach up to You fullness of glory. How wonderful to be able to worship You without stain or blemish and to be totally healed. Show others Your healing power so that they may also be healed and walk in wholeness. In the precious name of Jesus. Amen! - Dawn MastA Prayer for Soul HealingPrecious Father, I marvel at the way You love me from immaturity to maturity, from brokenness to wholeness. You meet me in those places and make me strong. You bind up my wounds so they can heal. You give rest to my heart so it can beat strong again. You are with me. You are whole. Make me a Kingdom woman. Help me to live a life totally disproportionate to who I am. May others pursue You when they see what You do through me! In Jesus Name, I pray. Amen. - Susie LarsonA Powerful Healing PrayerHeavenly Father, I thank you for sending your Son, Our Lord Jesus Christ, to the world to save and to set me free. I trust in your power and grace that sustain and restore me. Loving Father, to the world to save and to set me free. I trust in your power and grace that sustain and restore me. Loving Father, to the world to save and to set me free. I trust in your power and grace that sustain and restore me. Loving me. I thank you for loving me. believe that your will is for me to be well in mind, body, soul and spirit. Cover me with the most precious blood of your Son, our Lord, Jesus Christ from the top of my head to the soles of my feet. Cast anything that should not be in me. Root out any unhealthy and abnormal cells. Open any blocked arteries or veins and rebuild and replenish any damaged areas.Remove all inflammation and cleanse any infection by the power of Jesus precious blood.Let the fire of your healing love pass through my entire bodyto heal and make new any diseased areasso that my body will function the way you created it to function. Touch also my mind and my emotion, even the deepest recesses of my heart. Saturate my entire being with your presence, love, joy and peace and draw me ever closer to you every moment of my life. And Father, fill me with your Holy Spiritand empower me to do your worksso that my life will bring glory and honour to your holy name. I ask this in the name of the Lord Jesus Christ. Amen - (by Saint Padre Pio) Exchange Hurt for Comfort Lord I give you this hurt, pain, weakness and sorrow in exchange for your comfort. Amen.A Prayer for Those Waiting on Healing today. From depression, life-long disease, sudden failures, addictions and massive handicaps. We pray for miraculous healing because we know you are as capable of fixing our physicalities as you are to hold the oceans in place as the earth spins around. Through Your Sons death on the cross, we have the opportunity to be healed spiritually. By believing in Jesus we are connected straight to You in prayer and presence. Bless our hearts to believe in You beyond our hearts capacity. Strengthen our faither or sons death on the cross, we have the opportunity to be healed spiritually. By believing in Jesus we are connected straight to You in prayer and presence. Bless our hearts to believe in You beyond our hearts to believe in You beyond our hearts capacity. where it is weak and strengthen our resolve to linger in Your presence a little longer each day. Take our pain away, according to Your will, in Your time. Were not promised a painless life on this earth, but You do want us to live a happy one. Send Your will, in Your time. Were not promised a painless life on this earth, but You do want us to live a happy one. Send Your will, in Your time. Were not promised a painless life on this earth, but You do want us to live a happy one. cant stop God-placed dreams. Fill our hearts with hope as we wait on You to move in our lives and flow out from our hearts. In Jesus Name, Amen. - Meg BucherA Short Prayer of Healing for FriendsLord, your Word speaks promises over the miracles you still perform today. Today I claim those promises over the miracles you still perform today. my friend. I believe in the healing power of faith and prayer and I ask you to begin your mighty work in the life of my friend. Please reach down and surround my friend with supernatural peace and strength and give her the faith to believe that all things are possible for you. Protect her from Satan's lies and discouragement and let her miraculous healing begin. Amen. A Prayer for Healing and GraceDear God, We confess our need for you today. We need your healing and your grace. We need to be reminded that you work on behalf of those you love, constantly, powerfully, completely. Forgive us for trying to fix our situations all on our own. Forgive us for running all different directions and spinning our wheels to find help, when true help and healing must be found first in You. Forgive us for forgetting how much we need you, above everyone and everything else. We come to you and bring you the places we are hurting. You see where no one else is able to fully see or understand. You know the pain we've carried The burdens. The cares. You know where we need to be set free. We ask for your healing and grace to cover every broken place. Every wound. Every heartache. Thank you for your children. We reach out to you, and know that you are restoring and redeeming every place of difficulty, every battle, for your greater glory. Thank you that you will never waste our pain and suffering. We love you. I know I need to stop dwelling on my hurts and frustrations. Help me be faithful in prayer and put my hope in you. May the Holy Spirit guide and comfort and strengthen me. In Jesus' name, Amen. - Living Free Every Day DevotionalFor ForgivenessDear God, Im sorry for my sin. I (what you did), which was a sin against you, as well as a sin against (how youll change) instead of what I have done. Please forgive me and help me to grow in my relationship to you and , whom Ive hurt. Thank you for your love and mercy. Thank you for forgiving me and choosing to forget my sin. In Jesus name, Amen. - Sue SchlesmanA Prayer for Comfort in God's PresenceJesus, As Ive heard my friends latest news, it simply feels as if the water is too high and the flames are too intense. Please help not to give into fear that can come from focusing on the circumstances swirling around him but to remember the promise that you are with him. While I know that you are always with him, please give him a tangible reminder of your presence today and that you will faithfully comfort the hurting. Perhaps a verse posted in an unexpected place or a prayer offered by a co-worker or a kind gesture from a stranger. I entrust him to you knowing that you will be with him on this journey and your presence is greater than anything he will face. Because of your love for him, please give him your comfort and peace that surpasses all understanding and guide him forward into your love. Amen. - Lisa SamraA Prayer for Freedom in HealingYou are a miracle-working God. Give me a vision for what freedom looks like for me. Give me faith to believe You for my miracle. Show me what makes me tired. Show me what masters me and slows me down. Help me to lose my taste for that which weakens me, and acquire a taste for that which strengthens me. Heal me from the inside out! Help me to make the necessary changes. I want to participate with You in my healing process. Awaken fresh life in me! - Susie LarsonFor HealthFather, strengthen us to hold captive the joy You bless our lives with daily. Help us to walk freely in Your love. For as Paul reminds us in 1 Timothy 4:8, Although training your body has certain payoffs, godliness benefits all things--holding promise for life here and now and promise for the life that is coming. Send us more of Your Holy Spirit, to help us focus on Your Word daily. Give us hearts like Jesus. Give us the wisdom to seek You first each day, before each day, find healing in this broken and sinful world. We know that You work all things for good, but in those moments of chronic pain and suffering, it can be impossible to understand Your perfect and just hand in it all. In Jesus Name, Amen. - Meg BucherA Prayer for Those Who Feel WoundedDear God, We feel wounded, betrayed, and brokenhearted. We sometimes wonder if we can ever fully recover from the deep hurt we feel inside. Thank you that you know what weve been through and the struggles we still carry. Help us to forgive. Help us to forgive. Help us to forgive who have hurt us rightnow, and ask for your power to work mightily within their lives. We leave them in your hands and find our comfort and strength in your spirit. Thank you for understanding all that weve faced, that you see, and you care. We bring you all the stuffin your spirit. Thank you for understanding all that weve faced, that you see, and you care. We bring you all the stuffin your spirit. Thank you for understanding all that weve faced, that you see, and you care. We bring you all the stuffin your spirit. Thank you for understanding all that weve faced, that you see, and you care. We ask that when the enemy taunts us with lies and tries to bring you all the stuffin your spirit. Thank you for understanding all that weve faced, that you see, and you care. We bring you all the stuffin your spirit. Thank you for understanding all that weve faced, that you see, and you care. that he would use to try to trap us or stop us - the pain, the mistakes, the struggles. And we lay it at your feet, again. Thank you that you have set us free and will not waste the pain that weve carried. We look forward to the greater good and purpose you will bring through this struggle. We love you Lord, we need you, we trust you. In Jesus Name, Amen. - Debbie McDanielTo Heal a Struggling Relationship when you talk with God about the specific relationship you like to heal:Dear God, thank you for always being here for me, ready to listen with love. Im coming to you in pain because of the broken relationship between [person] and me. God, I miss [person] and hope we can heal our relationship, and you know the problems that led to the break in our relationship between [person] and hope we can heal our relationship it. Open our hearts and minds to the possibilities that exist for a new and better relationship, please give me the peace I need to move on. If [person] does decide to heal our relationship, please guide us to the best Journey of RecoveryLord, please heal my broken heart. Fill me with the peace and joy I know can only come from You during this hard time. Walk closely beside me during my journey to healing and recovery that I know is possible through Your power alone. In Jesus Name, Amen. - Tracie MilesTo Heal from DepressionLord, it seems as if my world has collapsed, hurling me into a deep, dark pit. I come to you in complete surrender. I am desperate for you, helpless and afraid. Please lift me out of this pit and show me the way, Lord. In Jesus name, Amen - Mary SoutherlandA Prayer for Friends and Family Who Are Watching a Loved One SufferGracious God, My heart grieves for my friend but I am also so saddened for her family and friends who are deeply impacted by the magnitude of this heart-wrenching situation. As these family members navigate their own pain and suffering, please remind them that you are near to comfort them as well. When they are overcome by sadness and fear, provide them with the reminder that you do not sleep, one that you are near to comfort them as well. even take a nap; instead, you are always alert and available to provide the strength they need. You are the only true source of healing and recovery. As they provide practical care and faithfully serve, please strengthen them when they are discouraged. As they lift their eyes to you, remind them of your love and that the empowering presence of your Spirit is available to them at every moment of each day. Amen. - Lisa SamraA Prayer for the SickAs my Good Shepherd, Jesus, I know you will lead me beside quiet places and restore my soul and body. I trust you and want to follow your lead. Help me to welcome this time not as an interruption in my carefully planned schedule, but as an opportunity to draw strength and nourishment for the journey ahead. You are my healer and my Great Physician. I look to you and give thanks for the promises in your Word that assure me of your presence and your help. Teach me what you want me to learn during these unpleasant times, Lord. Help me not to take out my discomfort on those around me, and show me how to be a good patient while Im recovering. In these days of sickness, Lord, Im trusting you and asking you to make me well. And when youve restored my health, give me wisdom so I can treat my body as the temple of your Spirit. Im eager to get back on my feet serving you, but I realize that even in sickness, I can still draw near to you Thank you, Jesus! - Rebecca Barlow Jordan Prayer for SurgeryFather, we trust You with our lives. For You promise us: Lord my God, I called to you for help, and you healed me. (Psalm 30:2) Bless the surgeons and medical staff that will operate on us. Be with them and equip them to be extensions of Your healing hand. Remain present with me, Lord even when I fall asleep from the pain medication. Help me to feel Your presence, and remember that You are always with me. Never leaving. Always faithful. Loving me more than Im capable of understanding. And now for the hardest part: Truly trusting the outcome of my life in Your hands. For its when our plans for healing dont look the same as Yours that we become frustrated, and faith threatens to pull out of our hearts. Doubt can seep in through the cracks in unexpected circumstances. In those moments, Lord Jesus, strengthen us to remember You. Your ways are not our ways, because only You can claim true love for us. Only You know what is perfect and just in the daily happenings of our lives. Our time here is so fleeting, but our belief in You, Jesus, sets us apart and ensures us life everlasting. Pain free and full of peace. Father, let all who know me witness my peace in this process and know that it is from You. Thank You for life, God. Bless and heal me today through this surgery. Whether You bring me through these ailments to restore me upright on this earth or take me through to You, I trust You today, and always. In Jesus Name, Amen. - Meg BucherFor Loved Ones as They Suffer Near the EndJesus, When it came time for you to comfort your disciples you told them about the home you were preparing for them in heaven. Thank you for knowing we need the assurance that will have eternity in heaven with you. For the pain and suffering he must endure now, please reassure his forever home. Please strengthen him with the knowledge that you will be the one to wipe away all his tears, and that there will be no more death or mourning or crying or pain. Though he cant see it now and it is beyond our human abilities to comprehend, give him faith to continue to believe your promise to help sustain him each moment of this journey. Amen. - Lisa SamraWhen You're HurtingDear God, Some days feel too hard. Were hurting.Struggling.Fighting fear and worry at every turn.Thank you in the midst of it all, you havent left us to fend for ourselves.Forgive us for doubting you are fully trustworthy.You are All-Powerful.You are Able.You are Lord over every situation no matter how difficult it may seem. You are Healer and will never waste the grief we carry today. You will use all things for good in some way. Anything is possible with you. Nothing is too difficult for your presence to cover burden, every care. Believing that is the safest place for it to be. We love you, Lord, we need your fresh grace. In the Powerful Name of Jesus, Amen. - Debbie McDanielTo Heal Broken MarriagesFather, these things in Ephesians seem impossible right now. All of the things these verses say are things we cannot do apart from You. But we vow today, to have faith in You. We promise to trust You through the brokenness and heartbreak, trusting that it will not last forever. The process of forgiveness will begin in our hearts this very moment, but we will leave restoration and reconciliation in Your hands. Take it all our marriage and our lives. We have come to the end of ourselves and the ability to repain what has been broken in ourselves, our spouses, and our marriages. We are taking a backseat to Your sovereignty. Break it all if you must, in order to restore completely what has been lost. As we walk through the unknown state of our futures, we are believing You for who You say You are. Come Lord Jesus. Into our lives with miraculous healing. In Jesus Name, Amen. - Meg BucherTo Believe for VictoryFather, please forgive me for wanting to give up and turn away from You. I am so tired and so hurt. Please give me the strength to go on. Today, I choose Your healing power to work in my life. I will guard my heart against bitterness and anger. I will not retreat. I choose to believe that the pain of today is the foundation of tomorrows victory. In Jesus Name, Amen. - Mary SoutherlandTime Brings HealingDear God, if Im honest, there are times where I feel deep pain. Its hard to continue. There are no smiles. I dont feel joy. Please help me trust You when its hard. Help me believe that, with time, You can make something beautiful of my life. In Jesus Name, amen. - Chrystal Evans HurstHealing SurrenderLord, it seems as if my world has collapsed, hurling me into another deep, dark pit. I come to You in complete surrender. I am desperate for You, helpless and afraid. But today, I choose to trust You, even in the darkness, knowing that Your healing for my life is on the way. In Jesus Name, Amen. - Mary SoutherlandA Prayer for Emotional Healing Through ForgivenessGod, Ill admit that I sometimes pick at emotional scabs. I replay what was done and how it was done and how it was done and how it was done. I dont want to do that any longer. I want to get up off my emotional mat, get up, and walk in freedom. Today, I forgive and will no longer live in shame and condemnation. In Jesus Name, Amen. - Sharon JaynesTo Heal the Broken PlacesDear LORD, thank You for mending my empty spaces, and healing me with Your graces. Help me to be an instrument of healing by sharing the good news of what You have done in my life. Help me never to waste my sorrows, but invest the riches of my story with those in need. In Your Name, Amen. - Sharon JaynesTo Heal the BrokenDear Lord, You are compassionate, gracious, faithful, and powerful. Please forgive my loved ones and me for the ways weve disobeyed Pour out Your favor and mercy on us today, and help me to follow Your leading. Amen. - Gwen SmithGrant Me Spiritual HealingDear Lord, forgive me for sometimes coming to You for help only after I have exhausted all efforts to handle the problem on my own. Please fill me with a peace that those doubts away. Today, I choose to believe for a miracle which I know You will accomplish in Your precious time. Thank You for increasing faith and what You will do in my life for Your glory. In the Name of Jesus, Amen. - Carolyn Dale NewellHeal the Hurt and AngerDear Lord, there is so much hurt and anger inside of me. I'm tired of living this way. I'm giving it to You to heal my hurt. In Jesus' Name, Amen. - Micca CampbellA Prayer to Find the Source of Pain and set me on a path to healing. Please show me where I can get help in Your Word or through Your people. Help me be patient as I wait for You to answer my prayers. In Jesus Name, Amen. - Chrystal Evans HurstGod, Please Take the HurtDear God, I know You see the deepest places of my heart and know the lies and words that You didn't make a mistake with me You made me perfectly wonderful. In Jesus' Name, Amen. - Shari BraendelHealing Bible VersesMy son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body. Proverbs 4:22Then they cried to the LORD in their trouble, and he saved them from their distress. He sent forth his word and healed them; he rescued them from the grave. Let them give thanks to the LORD for his unfailing love and I will be saved, for you are the one I praise. Jeremiah 17:14He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering." Mark 5:34Discover Prayers for Strength and share your go-to prayers of encouragement with fellow believers on Crosswalk Forums! Click HERE.Read more Healing Bible Verses for comfort in God's Word and promises. Photo credit: (Main/top) GettyImages/thekopmylife, GettyImages/Anson iStock; Video credits for audio, video, photos: Soundstripe, Storyblocks, LightStock, ThinkStockThis article is part of our Prayer resource meant to inspire and encourage your prayer life when you face uncertain times. Visit our most popular prayers if you are wonderinghow to prayor what to pray Remember, the Holy Spirit intercedes for us, and God knows your heart even if you can't find the words to prayer for ProtectionPrayer f day with prayer: read or listen to todays prayer and sign up to receive it by email. Originally published September 13, 2023. Dear God, Thank you for helping us to make it through the flames of trials, and through the pain of hard losses. We are constantly aware of how much we need you, your grace, your strength, your power working through even the toughest days. Help us to keep our focus first on you this season. Please forgive us for giving too much time and attention to other things, for looking to other people before coming to you first. Help us to reflect again, on you. Thank you that you came to give new life, peace, hope, and joy. Thank you that your power is made perfect in our weakness. Help us to remember that the gift of Christ, Immanuel, is our greatest treasure. Fill us with your joy and the peace of your Spirit. Direct our hearts and minds towards you. Thank you for your reminder that both in seasons of celebration and in seasons of brokenness, youre still with us. For you never leave us. Thank you for your daily powerful Presence in our lives, that we can be assured your heart is towards us, your eyes are over us, and your ears are open to our prayers. Thank you that you surround us with favor as with a shield, and we are safe in your care. We choose to press in close to you today, and keep you first in our hearts and lives. Without you we would surely fail, but with you, there is great hope. Thank you for your healing power, thank you for your healing power healing power, thank you for your healing power Debbie McDaniel. Prayer of Faith to Trust God's WillDear Lord, times are really hard right now and life has really got me down. I dont know what to do. I ask that You bestow Your wisdom upon me. I dont want to lean on my own knowledge anymore, because it has let me down so many times. I need to hear Your voice. Give me the discernment to hear Your voice and Your voice alone. Speak to me in the way You know I will hear you best. I also pray for Your Will, Lord. I give You the praise and the glory in my circumstances because I know that I am exactly where You want me. I know this is to teach me something or to help me to grow. No matter what, I trust you and ask You to show what is best in this situation. In Jesus Name I pray. Amen. Photo credit: Annie Spratt on Unsplash A Prayer for Faith to See God's Presence known in my life and in my city. Give me faith to believe that You can change my city through prayer and through acts of love and compassion. Let Your Kingdom come on earth as it is in heaven. Help me to cultivate Your presence in my life. I choose to partner with You for transformation in my city. Help me to contend for my city in prayer with others. Remove the distractions in my life that keep me from Your presence [Repent of any pride or personal idols that have taken me away from having you in first place and being completely Yours (Name them one by one - i.e. television material possessions, food, sports, work, etc.]. Take away any luke-warmness in my heart and set me on fire for You. Whether you are seeking forgiveness for yourself or asking God to help you forgive someone else, prayer is the first place to start when seeking restoration and healing. Forgiving someone who has hurt you is never easy and we often end up causing ourselves more pain and heartache by carrying the bitterness of unforgiveness. The below prayers for forgiveness can help guide your thoughts and words towards peace and strength. It is a big step to seek out forgiveness and you have taken a bold step in faith! We all need forgiveness in life. It's much easier to show forgiveness to others when we recognize our own need first. Colossians 3:13 tells us to "forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." May these short prayers help you as you seek forgiveness in a relationship or are struggling to forgive yourself. We have also downloaded a beautiful PDF version of these prayers for you to download and keep with you as you pursue God's love and grace. A Prayer to Help You Forgive OthersFather, only you understand how much Ive been hurt by this person. I don't want to carry the pain for another second. I don't want to be a bitter person. But I need your grace and the power of the cross to release my hurt and to forgive those whove hurt me. This is the turning point. First, I need to experience your grace and forgiveness, and I need it daily. Today Im turning to you, and Im choosing to forgive the way you have forgiven me. Every time the memory comes back, Ill forgive that person again until the pain is gone. Heal my heart with your grace. In Jesus name. Amen. (Rick Warren)A Powerful Prayer for ForgivenessHeavenly Father, I come before You burdened by bitterness and resentment. I recognize that these emotions have kept me captive for too long. I ask for Your forgiveness and the strength to forgive those who have wronged me. Please help me release the weight of anger and hurt, and fill my heart with Your love and peace. Holy Spirit, I invite You to work within me, bringing freedom from the chains of bitterness Transform my heart, renew my mind, and lead me on a path of healing and reconciliation. I surrender my pain to You, trusting that Your grace is sufficient for all things. May Your peace, which surpasses all understanding, guard my heart and mind in Christ Jesus. In Jesus' name, I pray. Amen. Prayer to God for Forgiveness of Sins Even while I encourage you to pray this prayer, I caution you that saying words alone will not save you. Prayer doesnt save. Only Christ can save. But prayer can be a means of reaching out to the Lord in true saving faith. If you pray these words in faith, Christ will save you. You can be sure of that.Lord Jesus, for too long Ive kept you out of my life. I know that I know tha am a sinner and that I cannot save myself. No longer will I close the door when I hear you knocking. By faith I gratefully receive your gift of salvation. I am ready to trust you as my Lord and Savior. Thank you, Lord Jesus, for coming to earth. I believe you are the Son of God who died on the cross for my sins and rose from the dead on the third day. Thank you for bearing my sins and giving me the gift of eternal life. I believe your words are true. Come into my heart, Lord Jesus, and be my Savior. Amen. If you have prayed this prayer in sincere faith, you may want to put your words are true. and Savior. (Dr Ray Pritchard) Prayer for Forgiving OthersDear Merciful Lord, Thank you for your gift of forgiveness. Your only Son loved me enough to come to earth and experience the worst pain imaginable so I could be forgiven. Your mercy flows to me in spite of my faults and failures. Your Word says to clothe yourselves with love, which binds us all together in perfect harmony. (Col. 3:14) Help me demonstrate unconditional love today, even to those who hurt me. I understand that even thoughts. Help me release the hurt and begin to love as Jesus loves. I want to see my offender through my Saviors eyes. If I can be forgiven, so can he. I understand there are no levels to your desire is that none of us should perish. You teach us to let the peace that comes from Christ rule in our hearts. (Col. 3:15) When I forgive in words, allow your Holy Spirit to fill my heart with peace. If I can be forgiven, so can he. I understand there are no levels to your desire is that none of us should perish. You teach us to let the peace that comes from Christ rule in our hearts. pray this peace that only comes from Jesus will rule in my heart, keeping out doubt and questions. And above all, I am thankful. (Col. 3:15) With gratitude I can draw closer to you and let go of unforgiveness. With gratitude I can see the person who caused my pain as a child of the Most High God. Loved and accepted. Help me find the compassion that comes with true forgiveness. And when I see the person who hurt me, bring this prayer back to my remembrance, so I can take any ungodly thoughts captive and make them obedient to Christ. (2 Cor. 10:5) And may the confidence of Christ in my heart guide me into the freedom of forgiveness. I praise you for the work you are doing in my life, teaching and perfecting my faith. In Jesus Name, Amen. (Kristine Brown)For Self ForgivenessHeavenly Father, I come before You with a heavy heart, burdened by my own mistakes and shortcomings. I acknowledge the ways in which I have fallen short and hurt others, including myself.Lord, I seek Your forgiveness and healing. Help me to release the weight of guilt and shame that I carry. Grant me the strength to learn from my mistakes and to grow into a better person. May Your boundless love and grace wash over me, renewing my spirit and granting me the peace that comes from knowing I am forgiven.In Jesus' name, I pray. Amen. "Prayer for Repentant HeartDear Heavenly Father, Let the words of Psalm 51 be my hearts cry today, Create in me a clean heart, O God. Renew a loyal spirit within me. When I feel weighed down by sin in my life, I will find freedom by seeking your forgiveness. Forgive me for allowing sin to take hold. Thank you for the promise that you will not reject a broken and repentant heart. You sent your son Jesus to die on the cross for my sins, so that I may be forgiven. Praise you for that incredible gift! Lord, please accept this prayer of repentance as I turn away from sin and bring my brokenness to you. Thank you for making me whole again. In Jesus name I pray, Amen. (Kristine Brown)To Forgive a FriendDear God, I bring before You a friend who has caused me pain and hurt. It is difficult to carry this burden of anger, knowing that forgiveness is a gift I give to myself as well. Help me to find understanding and compassion for their actions. May Your love guide both of us toward reconciliation and healing. Grant us the wisdom to rebuild our friendship with love and trust. In Jesus' name, I pray. Amen.A Prayer for RepentanceDear Lord, thank you for your forgiveness. Thank you for not abandoning us to our mistakes, but for reaching out instead to bring us home. Help convict me of sin and help me accept your mercy without shame. Thank you for the love you have poured out for me and all of your children. Help me live out of that love today. In Jesus' Name, Amen. (Charles Stanley)Forgiving When You Can't ForgetDear God, Oh, how we don't deserve your forgiveness. Day after day, we sin, and we fall short of what you have for us. We are unworthy of your mercy, but you offer it to us new every morning. (Lamentations 3:23) Thank you, Lord, although we still remember and may not forget hurt, you have given us the greatest example of forgiveness. You sent your son to walk the same earth we walk to experience the same hurt and betrayal we do, and yet He chose to forgive. Help us to follow in Jesuss example. Remind us that prayer is one of our greatest weapons and through continual prayer, praying for our enemies, you will begin to soften our hearts and give us the strength to forgive them. (Alisha Headley)Short Prayer to Forgive OthersDear Lord, I thank You for the power of forgiveness, and I choose to forgive everyone who has hurt me. Help me set [name anyone who has offended you] free and release them to You [Romans 12:19]. Help me bless those who have hurt me [Romans 12:14]. Help me walk in righteousness, peace, and joy, demonstrating Your life here on earth. I choose to be kind and compassionate, forgiving others, just as You forgave me [Ephesians 4:32]. In Jesus name, amen. (Debbie Przybylski)Short Prayer to Forgive YourselfFather, today I ask forgiveness of all the negative and harmful words I have spoken about myself. I do not want to abuse myself in such a way again. Transform my thoughts and let me understand how marvelously you made me. Change my habits so I use my tongue to speak hope and favor upon my life. In Jesus' name. (Sarah Coleman) Forgiving Family Who Has Caused PainHeavenly Father, I lift up my family members who have caused me pain and touch mend the brokenness within our family and bring us closer together. In Jesus' name, I pray. Amen. To Forgive WrongsFather, This is the day You have made, we will rejoice and be glad in it. Father, you hold the key to every heart on earth, we do not. Judgment for others is not in our hands, and shouldnt be on our resumes. As we seek You more each day in prayer and in Your Word, show us how to be forgiving, in Christ. Cleanse us of our tendency to keep records of wrongs and reasons for blame. Let us not become people who shame others, but show them how to be free through Christ. We want our lives to reflect Your brightness, Your grace, and Your love. In Jesus Name, Amen. (Meg either. Oh Lord, forgive me! Help me to see my sin too. Help me to see my sin too. Help me treat her with hospitality and consideration. Help me treat her with hospitality and consideration. Help me to see her, Lord. And Father, will you convict her heart too? Will you transform her more and more into your likeness? Will you help her see how her actions wound? I surrender this relationship to you now, Lord. Take my hurt and hold it close, and help me not need her kindness to be kind in return. In your mame I pray, amen. (Nylse Esahc)A Prayer for Repentance of Angry WordsFather, Your Word has so much to say on the sin of anger, yet we give into this temptation all the time when we are challenged in our selfishness. I repent for sinning against those who have been made in Your image when I did not consider them above myself and allowed my pride to lead me into unrestrained anger by lashing out and interrupting in our disagreements. Help me to follow Your wisdom of being slow to speak and quick to listen so that anger does not cause me to walk in unrighteous behavior towards my spouse, as well as my brothers and sisters in Christ. Thank You, Holy Spirit, for Your grace to empower me to walk more Christ-like. In Jesus name, Amen. (Emily Massey) Freedom from GuiltDear Heavenly Father, When committed my life to Your son Jesus and asked Him to come live in my heart. You forgave me for my past sins. I am grateful for that forgiveness, but sometimes those memories resurface. I feel guilty over any pain I caused and struggle to forgive myself.Lord, I know Your Word says you removed our sins as far from us as the east is from the west (Psalm 103:12 NLT) Help me to remember this truth when guilt keeps me bound to the problems from my past. Help me to understand I am a new creation (2 Corinthians 5:17). You removed the old and created something new in me. I give you praise for this awesome gift. As I go through today and all the days ahead of me, I will look to Your Word for help as I focus on sharing the redeeming love of Jesus. I refuse to stay chained to the person I once was, but instead will embrace freedom through Christ. The grace you gave me, I now choose to give to others. Thank you for unending mercy. In Jesus name, Amen. (Kristine Brown) Show God's Mercy to Others Heavenly Father, I praise you for your great mercy. Thank you for sending your Son Jesus to die on the cross for my sins. Thank you for shining your light into my heart and giving me the gift of eternal life. I praise you for your steadfast love and faithfulness to me.Lord, forgive me for the many times I come to you in prayer, forgetting the mercy you have already shown me. Renew in my heart a deep sense of gratitude for the forgiveness I have in Christ. Forgive me for all the times I withhold compassion and forgiveness from others. Would you work in my heart and make me more like you? Lord, give me the grace I need to see the people in my life through your eyes. Pour out your compassion into my heart that I may reflect it to others today. Guide my feet in the way of peace. (Betsy de Cruz) A Prayer for Peace in Relationships Dear Lord, Thank you for being a loving and forgiveness. I look forward to opportunities to live at peace with everyone. Although the world may teach me to hold a grudge, I choose to follow your way instead. Lord, search my heart, and show me any person that I may have negative feelings towards. I ask for wisdom on how to cultivate peace and walk free from bitterness. Give me a heart for those that I dont understand and help me to always walk in your love. Help me to do my part in living at peace with everyone. In Jesus Name. Amen. (Victoria Riollano) Prayer for Awareness of SinFather, do not let me ever forget the price You paid for my sin. Thank You for the forgiveness and freedom You purchased with Your death on the cross. Bring swift awareness and conviction when I sin. Give me the strength and power to deal with and turn from the sin in my life. For Your glory and in Your Name I pray, Amen. (Mary Southerland)Confession of SinFather God, I come before You, naming them in Your presence. [Take a moment to silently or verbally confess specific sins or shortcomings.] am deeply sorry for the pain I have caused, both to You and to others. I repent of my sins and turn away from them, seeking Your forgiveness and guidance. I am grateful for Your promise of forgiveness through the sacrifice of Your Son, Jesus Christ. I ask for Your mercy and grace to cleanse me from all unrighteousness. Create in me a clean heart, O God, and renew a right spirit within me. Help me to walk in Your ways, to live a life that pleases You, and to extend Your love and forgiveness to others. Thank You for Your unfailing love and the gift of reconciliation. I commit to learning from my mistakes and growing in faith and righteousness with Your help. In Jesus' name, I pray. Amen. Bible Verses About Forgive other people when they sin against you, your heavenly Father will not forgive your sins. 1 John 1:9 - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. Isaiah 1:18 - Come now, let us settle the matter, says the LORD. Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool. Micah 7:18-19 - Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy. You will tread our sins underfoot and hurl all our iniquities into the depths of the sea. Mark 11:25 - And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins. Colossians 3:13 - Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. Ephesians 4:31-32 - Get rid of all bitterness, rage and anger, brawling each other, just as in Christ God forgave you. Luke 17:3-4 - So watch your seven times in a day and seven times come back to you saying I repent, you must forgive them. Even if they sin against you seven times at Bible Study Tools.com/I vou've been set free from sin and the hurt from others, share it on Crosswalk Forumsso that others can live in freedom through forgiveness too! Be a light to our online community and recieve encouragement for your own walk of faith. Click HERE. Photo credit: GettyImages/PhotoAlto/EricAudrasThis article is part of our Prayer resource meant to inspire and encourage your prayer life when you face uncertain times. Visit our most popular prayers if you are wonderinghow to pray. The Lords PrayerPrayer for PeaceMorning PrayersGood Night PrayersPrayer for PeaceMorning Prayers If you are wonderinghow to pray. HealingPrayer for ProtectionPrayer for AnxietyPrayer for StrengthNow available is our new Daily Prayer and sign up to receive it by email. Originally published September 20, 2022.

Prayers for family members. Prayers for healing family. Prayers for healing and strength for family. Prayers for healing sick family member.

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