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## White bed sheet into toga

Photo: amazon.comBamboo may not be the first material that comes to mind when you think of bed sheets. But bamboo has some unique properties, including ultra-softness and moisture-wicking capability, that make it a great fiber for bedding. The best bamboo sheets are made of bamboo plant fibers and sometimes include a blend of materials, such as cotton or microfiber. Follow this guide to find some of the best bamboo sheets for your bed.Photo: amazon.comTypes of Bamboo SheetsThere are a few different types of bamboo sheets, including 100 percent bamboo and bamboo blends. Keep these key differences in mind as you shop for the best bamboo sheets for your bed.Bamboo ViscoseBamboo viscose sheets, also known as bamboo rayon, are the most common type of bamboo sheets. These 100 percent bamboo sheets are extremely soft and smooth. Bamboo viscose wicks moisture away from your body, keeps you cool, and won't trigger your allergies since it's hypoallergenic. Although bamboo itself is a natural material, it typically undergoes a chemical process before it becomes a set of soft bedsheets. The bamboo plant fiber (cellulose) is soaked in a chemical called carbon disulfide, filtered, and spun into the yarn that is woven into sheets.Bamboo ModalBamboo modal sheets are made from a similar process as bamboo viscose sheets, but they undergo an additional step which stretches the fabric. This results in lighter fabric made out of stronger fibers. Although modal is extra soft, it is sometimes too thin for bedding.Bamboo LyocellBamboo lyocell is a sustainable fabric made from bamboo pulp. Sheets made of bamboo lyocell are eco-friendly and made using nontoxic processes. They are comparable to 100 percent bamboo sheets in terms of softness and comfort, but lyocell is stronger and produced without any harmful chemical byproducts.Raw Bamboo Linen FiberRaw bamboo linen fiber sheets have the look of linen and some of the comfort of bamboo. However, they are not the softest choice on the market. These sustainable sheets are made using the same extensive manufacturing process used to make conventional linen sheets. Also, like linen, they tend to wrinkle pretty easily.Bamboo BlendSheets made out of bamboo blends are not as soft as their 100 percent bamboo counterparts, but they tend to be sturdier and less expensive. That's because they incorporate cheaper fabrics, such as cotton and polyester.When shopping for bamboo sheets, it's important to consider the softness, texture, breathability, size, and ease of care among a few other factors. Unlike other types of sheets, thread count is not as critical since bamboo sheets are naturally soft. Keep the following considerations in mind as you shop for the best bamboo sheets.Softness and TextureBamboo sheets are known for softness. The 100 percent bamboo options have a signature smooth and silky texture. Other types of bamboo sheets, such as blends, may have a slightly different feel and might not be as soft as pure bamboo sheets.WeaveThe weave impacts how the sheets look and feel. The most common weaves are sateen and twill, which each have distinct textures. Sateen is smooth and silky, but it's more likely to pill. This weave also tends to be more expensive and requires extra maintenance since the fabric is so delicate. Twill is soft and sturdy with a flatter look than sateen. This weave typically lasts longer and requires less maintenance. Since twill is a looser weave, however, it's more likely to shrink. If you go with twill, opt for preshrunk sheets.Thread CountThread count measures the number of threads in a square inch of fabric. Bamboo sheets usually pack 200 to 400 threads into a square inch. Since bamboo is naturally soft, you can get a lower thread-count bamboo and still get the same softness you get from a higher thread-count cotton.Breathability and Moisture-WickingBamboo is a lightweight and breathable material. When you sleep in bamboo sheets, you're less likely to wake up sweaty in the middle of the night. Bamboo sheets also provide moisture-wicking. That means they pull moisture away from your body to help keep you cool and dry throughout the night. If you are looking for sheets to keep you cool on hot nights and warm on cold nights, consider bamboo.Size and FitBamboo sheet sets are available in a variety of sizes to fit standard and deep mattresses, but it's smart to confirm the exact measurements of a sheet set before you buy. If you have a mattress that is thicker than 12 inches, look for deep-pocket fitted sheets. Bamboo sheets typically come preshrunk or slightly larger to allow for shrinking after the first wash.Ease of CareBamboo sheets are easy to care for, but take a look at the care instructions on a sheet set before you commit. Typically, you'll wash them in cold water to maintain their texture and color. Avoid using any harsh chemicals like bleach, which could damage the delicate fabric. There's no need to use fabric softeners or dryer sheets, since bamboo is a naturally soft material that tends to get softer after each wash. If space allows, you can air dry them to keep the colors sharp and prevent shrinking, but it's also fine to tumble dry them on low.Our Top PicksFrom pure bamboo sheets to blends, here are some of the best bamboo sheets on the market. Take a look, and choose your favorite sheet set to add to your bedroom. Photo: amazon.com These soft and silky sheets are made out of 100 percent organic bamboo viscose grown in a chemical-free environment. The breathable construction is odor-resistant and helps regulate body temperature to keep you comfortable in any climate. The 400 thread-count sateen weave gets softer with each wash. This four-piece sheet set includes one fitted sheet that can accommodate mattresses up to 16 inches thick, one flat sheet, and two pillowcases, all of which are machine washable. Photo: amazon.com These pure bamboo sheets are made out of a durable 300-thread-count sateen weave fabric for a soft, smooth, and silky feel, even after several washes. The thermoregulating and moisture-wicking properties of these sheets offer a cool and comfortable night of sleep in any season. These hypoallergenic, antimicrobial sheets are a good choice for those with sensitive skin. This four-piece pure organic sheet set includes one 16-inch deep-pocket fitted sheet, one flat sheet, and two envelope-style pillowcases with overlapping closures. Machine wash or hand wash in cold water, and tumble dry on low. Photo: amazon.com This soft bamboo blend offers some of the same breathability, moisture-wicking, and temperature regulation as its more expensive counterparts. The eco-friendly bamboo viscose and microfiber blend is wrinkle-free and fade-resistant. It's also antibacterial and hypoallergenic. The affordable sheet set includes one flat sheet, one 18-inch deep-pocket fitted sheet to accommodate tall mattresses, and four pillowcases. Wash these sheets in cold water on a delicate cycle, and tumble dry on low. Photo: amazon.com These soft and silky sheets are made out of 100 percent bamboo viscose with a 400 thread count, soft sateen weave, and smooth texture. They are super soft and still lightweight and breathable. The eco-friendly sheets are also thermoregulating, odor-resistant, and hypoallergenic. This four-piece sheet set includes one flat sheet, one fitted sheet with an extra-deep pocket, and two pillowcases. Machine wash in cold water, and tumble dry on low heat. Photo: amazon.com These soft and smooth cooling sheets are made out of a 250-thread-count pure bamboo viscose. They have thermoregulating and moisture-wicking capabilities to keep you cool and dry while you sleep. This machine-washable four-piece sheet set includes one flat sheet, one 16-inch deep-pocket fitted sheet, and two envelope-style pillowcases. Photo: amazon.com This bamboo cotton blend sheet set is made out of 55 percent natural bamboo viscose and 45 percent pure cotton in a 300-thread-count solid percale weave. These sheets bring together the softness and breathability of bamboo with the durability of cotton. Their quality and texture is similar to linen. This sheet set includes one flat sheet and one 16-inch deep-pocket fitted sheet. To care for these sheets, machine wash separately in cold water on a gentle cycle, and tumble dry on low. Photo: amazon.com These eco-friendly sheets are naturally soft, breathable, and environmentally sustainable. They are produced without any harsh chemicals. They are thermoregulating and moisture-absorbing, so they pull sweat away from the body and dry quickly. These 300-thread-count sheets are also antibacterial and wrinkle-resistant. The organic sheet set includes one flat sheet, one 15-inch deep-pocket fitted sheet, and two pillowcases. To clean these sheets, machine wash in cold water on a gentle cycle, and hang to dry or tumble dry on low. Photo: amazon.com These soft and breathable bamboo and microfiber sheets are wrinkle-, stain-, and odor-resistant. They feature regenerated cellulose fiber from rayon, which helps regulate heat and wick away moisture for a cooler and more comfortable night of sleep. They are also hypoallergenic which makes them a good choice for sensitive skin. This sheet set comes with one 16-inch deep-pocket fitted sheet, one flat sheet, two pillowcases, and a zippered tote. Wash in cold water, and tumble dry on low to prevent pilling.The Advantages of Owning Bamboo SheetsBamboo sheets come with many benefits that make them a comfortable and sustainable choice for your bed.Bamboo sheets offer soft and silky comfort, even after several washes.Bamboo sheets help regulate body temperature to keep you cool in the summer and warm in the winter.Bamboo sheets are stain-resistant, antibacterial, and may reduce the symptoms of allergies by reducing moisture that dust mites and other allergens need to thrive.FAQs About Bamboo SheetsNow that you've explored the best bamboo sheets in each category, it's a good idea to review these important bamboo sheet FAQs.Q. What is a good thread count for bamboo sheets?When shopping for bamboo sheets, look for a thread count that is between 200 and 400. Since bamboo is a naturally soft material, bamboo sheets can have a much lower thread count than cotton sheets and still feel softer.Q. How do I wash and care for bamboo sheets?Most bamboo sheets are machine washable. Wash them in cold water on a gentle cycle, and tumble dry on low. Remove them from the dryer as soon as they are dry to maintain their shape.Q. How long do bamboo sheets last?Bamboo sheets can last for about five years with proper maintenance and care.

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