

I'm not a bot



Scope is a registered charity in England and Wales (208231), Scotland (SC053490) and operates in Northern Ireland. Scope is a company limited by guarantee, registered in England and Wales company number (00520866). Registered office: Here East Press Centre, 14 East Bay Lane, London, E15 2GW. The Universal Credit Bill becomes law. Here are the changes to disability benefits you need to know On 9 July, MPs voted to pass the Universal Credit Bill (Money Bill), previously known as Universal Credit and Personal Independence Payment Bill for the final time. It will now become law. How are disability benefits going to change? The Universal Credit bill will make three important changes to disability benefits. The... International Moon Day "That's one small step for man, one giant leap for mankind." We're a day late, but still fancied celebrating! 56 years ago (and a day!), 650 million people across the world watched as Buzz Aldrin and Neil Armstrong stepped out onto the surface of the moon. Since 2021, International Moon Day has been celebrated on 20 July... Need a break? Heya folks. I know things are a bit much in the real world right now, so I just wanted to remind everyone that we have the super duper Games Den available, with loads of fun and easy games to play to keep your mind on other things. Don't be shy, they can really be a big help to your mental health. ☺ If you have any ideas... *[We Need Your Help - Share Your Summer Experience! The Cost of Summer Heatwaves *] We know that life costs when you're disabled and when we think about the rising energy costs, most of us jump straight to winter. It makes sense because we naturally think about things like heating, longer nights and staying warm. But what about summer? What about during heatwaves? In a recent survey conducted by Scope, it... Outsiders Picnic In the Park Please RSVP theoutsiderstrust@gmail.com to confirm your attendance. We would love to see you. Thank you. Hi Everyone, You're warmly invited to a special outdoor picnic to remember and celebrate Dr. Tuppy Owens. It's a chance for us to gather, share memories, and enjoy some relaxed time together. Everyone is welcome!... @Disability Pride Month For Parents & Carers of Disabled Children ☺ Disability Pride Month is a time to celebrate disabled people, identities, and communities. For parents of disabled children, it can also be a time to reflect on how far you've come, what you've learned and what disability pride means to you and your family! For many parents, it may be... Pride in your child not because they... Disability Pride Month - How can we all be a better ally to the Disabled Community? Celebrate with the community Attending and supporting disability pride events is a great way to show support to the community. If you're a local disability pride event this month, why not pop along and show support? Here's a link to some of the events being held this year - Disability Pride Month 2025 Events Follow... Disability Pride 2025 What does Disability Pride mean to me? Sara Edwards CP Specialist When I first heard the term Disability Pride, I was confused by its meaning. In June we celebrate the LGBTQIA+ community and hold Pride events. I assumed Disability Pride was an extension of this, celebrating the LGBTQIA+ disabled community. In 2024 I was... Take the COC's Short Survey to Help Improve health and Social Care Use this form to tell us about: an experience of care - it can be good or bad a concern about a service you work for Give feedback on care - Care Quality Commission Your feedback helps make care better We use what people tell us to understand the quality of care they get from services like care homes, care agencies... Creative Pathways is back for 2025! Creative Pathways is back!! In association with Scope and The Rosie Jones Foundation. 28 & 29 August @ Here East, London. FREE!!!! We're back with another amazing lineup of creative professionals to move and inspire you!! Including the incredible Rosie Jones! If you're between 11-19 (secondary & above) and have cerebral... pip question - has my PIP review started before it was due? Hello I hope someone can help me. My pip is up for renewal in October 2025. I received the forms for renewal in Feb 2025 i filled them and sent them off in April. I received 2 general messages one saying "We have received your PIP review form. We may contact you for more information or you may need an assessment with a... Word Association Game I think it's fun how some of our threads can go from topic to topic and end up somewhere completely different. If I write a word, the next poster writes the first word that comes into their heads- keeping it as clean as per any forum rules. So if I put dog, someone might say cat or walk. And so on..... First word is Cake How is your day going? A cold start to the day brr, how's your day going? I'm longing for a coffee but got a sleeping cat draped over me, pinching my body heat. Gardening Corner Hey everyone! Since "How does your garden grow" was so popular I wanted to start my own post for the gardeners of the community! Would be great to share advice and tips with others or even just post what new plants you have purchased Today I bought 6 young rhododendron which I know are a bit controversial but couldn't... Monday welcomes! It's Monday again! Hope you all had a restful weekend! Please join me to say a big hello to our newest members: @beatles1234, @clairrbhurst, @cruxx66, @exba, @Granddad100, @jazzy22, @jo1954, @Joany59, @joe29, @leighellen, @Miranda1972, @roque1, @SDSDriz, @shelbobs00, @willow321, and @wrenagain! Anyone get up to anything... Trigger warning: Leftist/socialist mumbo jumbo ☺ I keep seeing videos of this musician and really like this clip of one of his songs☘ (It's only 39 seconds long) The lyrics for anyone that would rather read, but the sound is just so beautiful: "Those billionaires, they're all the same. They'll steal the clouds, and sell the rain. The script is new, but the lies are old.... Not sure how much more I can take Still undergoing migration from esa to uc & just got a text to say my PIP review as started to expect a form in 2 wks. My PIP is until next March 2026 (I think). Is this all to do with the migration or just a coincidence? Just dont know much more stress I can take, my body feels like giving up A to Z of Household Items. New Game. Air fryer Mental health One mental health worker I visited told me I have EUPD . I was also given medication to help anxiety too . The five letter game So here's a new fun game for you all to try out. I've picked five letters. The next person has to make a sentence using just the five letters. Like this... T C B G F Next person replies with something like "This Could Be Great Fun" Then they leave another five letters. Got it? The first five letters are... W Y I M K A to Z of vehicles a Astra car The Never-Ending (5 word) Story So here's another fun one! Let's all tell a tale of epic proportions! But the catch is we can only type five words at a time. So I say five words, the next person adds five and so on. Let's see how long we can keep this going for. ☺ Are you sitting comfortably dear reader? Then let's begin... There once was a dog... Song snake since we are on the theme of songs I thought we could play a game of song snake where you name a song with the last letter of the song above. For example if the song was called Expresso the next song would start with the letter O someone can start I don't mind Name an animal using the last letter of the previous post Since the other thread about food and drink is doing so well, here is another one! All you have to do is name an animal which starts with the last letter of the previous post. For example: * Person 1- Cat (ends with T) * Person 2- Tortoise (ends with E) * Person 3- Elephant (ends with T) I'll start. Dog! A to Z of songs lets play A to Z of songs a angels by robble williams A - Z professions game Improved game as the last one ended up with all the same letters Name a profession starting with the next letter of the alphabet to the one before I'll start with Accountant What's for tea tonight! I have jacket potatoes in the oven, cant wait im starving. A warm welcome to our newest members! @BookKitty @paulc @auntiebossie @mar1407 @julleelasmr @nick1324 @BartonStreetTailor @dalahughes @Dizzigoth @becky004 @aakhan 13 @Honouryourowntruth @106clinc @wcollard1602 @arcadiandream @ennykk @katie30A @dan66 @abbieg1592 @Kristabelle4 @Rosies Dad @bumblebee90 @bookerphoto @youngy1874 @Myles Horton @izzie113 @shane1990... Hi, my name is BookKitty! Just here to chat with others managing chronic, progressive illnesses. Hi, my name is Rosyposy! Hi. Food combinations that others might think are weird I haven't had one in years but I used to love mash potato sandwiches Do you have any 'different' food combos?? Hi, my name is Joany59! Thank you for letting me join the community Confused with Recent Announcements My mind is totally mixed and I trying to understand what is going to happen now. I am on pip lower and lcwra higher rate if you help me I be grateful. Thank you So the 4 point rule has this been totally scrapped. Will the old scoring system still be used for new claims or existing claimants on reassessment. 2. If I was to... Means Testing PIP - Whats everyone thoughts? I found out recently that they might start to means test pip. Whats everyones thoughts on this? To me personally I think its a good thing to means test it. It'll stop people who don't need to claim it who have their own money to use. It can then be solely used for those who really need it. I know some people claim pip... ASB Does anyone know the rules on ASB. I have been informed by my Housing Association. That they can't rehouse me because there is an ASB case going on. Which I am the victim off. PIP Review Form Sent My PIP Reviw form was to be received on the 29th May this year. I filled in the form to the best of my ability (with copies of the form for myself) and sent it in the Freepost envelope provided on the 13th May. I did get proof of posting (just in case), but realise I should have maybe got proof of delivery aswell. L... An important Disabled facility grant question Hi, at the beginning of the year I had an extension built onto my house for a toilet through the facility grant scheme, and it has changed my life. But, I want to know how many times you can apply for a grant. I have a lock on my front door which are exterior doors and then I have the main door. the key to open the old... Pip - Would my 10 year award be reviewed without my input? I have a question to add on this post after receiving my PA4 report from 2017 . The PA4 was sent by dwp it seems that something happened or changed to my claim in 2021 whereby it's gone to a new assessor nothing changed and I heard nothing about this input towards my claim. I moved house in 2022 of which they included the... Not sure what to do Been under MH Team over 18 months done cbt, and a new thing emotional regulation and coping skills, frequent SH involved they know this and over take medication to SH also they know this completed a phyc review to be told "" discharged nothing else we can do for you" ptsd, severe anxiety and depression Two months after... Corrupt a wish I think we used to have this game here but I can't find it The idea is someone makes a fun or silly wish, and the next person adds a loophole to make it less fun, so corrupts it. Then makes their own wish. For example: Person 1: I wish I could fly Person 2: Granted, but you can never land! I wish ... My wish: I wish I was... Hello, Earlier on I received a text message from UC, to read a message on my journal. I have signed into my account and on the journal it says "We are reviewing your Universal Credit claim to make sure your payments are correct. As part of the review, you will need to send us information to confirm your details."It also says they're going to call me on Monday to discuss the review and what happens next? I'm really confused about this, as I have no idea what this means?! claim UC and I was also awarded LCWRA. I was awarded LCWRA in May 2024, and the letter said they would be review my circumstances again 18 months after I was awarded LCWRA. Any advice about what this review means would be appreciated. Because it can't be for the LCWRA as I was only awarded that in May 2024, so what is this review?Thanks Scope is a registered charity in England and Wales (208231), Scotland (SC053490) and operates in Northern Ireland. Scope is a company limited by guarantee, registered in England and Wales company number (00520866). Registered office: Here East Press Centre, 14 East Bay Lane, London, E15 2GW. Hello all and good morning,I received a payment today DWP GB FP LP FUNDI and I'm a bit confused as to what it could be.I had a text from PIP on the 10th September to say they have recived my PIP assessment report. We will write once we've made a disssion. Had the f2f assessment on the 21st August. My last PIP lasted for 4 years and was higher rate for both, that I won at tribunal and ran out end of August. I also had a f2f assessment for ESA on the 12th August and I haven't even heard anything back from that.I have trouble speaking and someone has to be with me to ring, so before I made arrangements I thought I would see if anyone could help on here before ringing them both up. Phone calls takes it out of me and I'm knackered for the rest of the day.It's just all very confusing especially when you have had to fight for the last two PIP, last one being 4 years and one before that 2 years and never had anything like this before.So any advice would be helpful Hi does anyone have any advice on filling in the new PIP Review form that began November 2024. The questions are different and provide only a small space to answer rather than the A4 layout to elaborate and give details as on the original form.They don't ask if you have stayed the same or worse, as was the case with the old PIP Review. Disability Pride Month - join our free event! Disability Pride Month: Turning Prejudice into Pride Date: Wednesday 23 July 2025 Time: 6.30pm to 8pm Location: Online via Zoom Join us to explore what Disability Pride really means. Inspiring disabled speakers will share their stories and experiences. We'll discuss changing attitudes, debunking myths, and celebrating... Participants needed! Are you physically disabled? If so, please consider taking time to be a participant for this research project. Attached is a QR code which will ask you some questions and if you are eligible and happy to be interviewed that would be appreciated to contribute to physically disabled daily lives. Thank you for your... Beware of scams and misleading headlines! No new cost of living payments are planned for this year Hi everyone, We've had a few posts now asking whether there are new cost of living payments coming out. The amount advertised is usually between £450 - £750. Sometimes they are reporting it is a cost of living payment, sometimes it is advertised as a 'boost' to specific benefits. These are not true. There are no new cost... Loneliness Awareness Week 9 to 15 June 2025 This years theme is all about reducing the stigma around this natural human emotion. Commonly used acronyms on the community. Here on the community, many people will use acronyms when talking about various benefits, or conditions. I thought it could be useful to list many that are most commonly used. If you see any that aren't on the list, please feel free to mention them and we can add them to the list. AA - Attendance Allowance AP - Assessment... Scam texts from DWP making the rounds - be careful! Hi everyone! A couple of us on the online community team have received some worrying scam texts lately, so we just wanted to warn you all. This is the message I've had through: The text reads: "Please note that after deliberation by the government, it has been decided that the Living allowance from 2023 to 2024 will be ... Scope community accessibility statement Scope's commitment to website accessibility We are committed to making our website (www.forum.scope.org.uk) as accessible as possible. It is tested every 6 months. We want everyone to be able to use our site no matter what their impairments are, or what technologies they use. This is part of our An Equal Future strategy We... How-to-guide: Mobile device or tablet Creating an account To post on the online community, you will need to register an account through the Register page. You can reach this page through a few different ways: Select the Enter icon in the top right corner of the screen, this will look like a tall rectangle with an arrow entering from its left side. This will... Introducing Scope's online community What is Scope's online community? Scope's online community is a safe and welcoming online space where disabled people and their families can talk about the things that matter to them. Our members can browse our categories and create discussions or post comments to ask questions, make friends and share their experiences.... How-to-guide: Desktop PC Creating an account To post on the online community, you will need to register an account through the Register page. You can reach this page through a few different ways: Select the Register button in the top right corner of the screen. This will open the Register page. On the Home, Recent Discussions or Categories page,... Reporting content Reporting content Sometimes you'll read something that you think breaks our online community house rules and shouldn't be allowed on the online community, or perhaps you just think the Online Community Team should be told about it. To report content that concerns you: Scroll down to the reaction bar (at the bottom of the... Online Community House rules House rules Our vision is to give disabled people the opportunity to connect with and support each other. The online community is a place for you to: make friends share your experiences get the information you need have open discussion about issues that matter to you The online community is not intended as a source of... The UC Bill RE: IR-ESA See Section 6 states. Consequential measures: Income-related Employment and Support Allowance Income-related Employment and Support Allowance ("ESA-IR") awards are formed of a personal allowance, which is the core component of any award and is paid according to age and relationship status, and then the additional... Finding paid work while I am in receipt of UC and LWRCA Hello I would like to find some part time paid work, maybe a day a week, but do not want my UC and Lwera benefit income effected. Is this possible? Thank you Attention Moderators, Technical Problems Affecting Forum Use I need to flag several technical issues I've been experiencing recently, as they're starting to interfere with my ability to engage in discussions effectively. Yesterday, after replying to a post in the Adult Children Still Living at Home thread, an unexplained blank comment box with my username appeared beneath my... The National Neurodiversity Show Is any going to National Neurodiversity Show in Coventry The shows are coming to Cardiff, Liverpool and The Midlands in May June and July 2025. With over 2000 visitors the shows are an excellent opportunity for you to try out new products, watch live presentations, access help and information and to learn about what makes... New Bill To Change Disability Benefits Here is information about the new bill that is going to change disability benefits. Scope will update it with any further news we get about the bill. What you need to know about the new bill to change disability benefits. | Disability charity Scope UK How to report Disability hate comments in Daily Mail? Hi guys There is a disability hate comment in Daily mail website from RodentAirbusBounce, Bournemouth, United Kingdom it seems really bad comment, worse I ever seen. I am not sure if I can repeat it here. How to report... Scope Petition Handed in at Downing Street Today. British Power Hockey League finale! Come along and watch the very best power hockey players Britain has to offer in what promises to be a fast-paced finale weekend for the 2025 British Power Hockey League! Cardiff City Foundation, Marton Furness (near Middlesbrough), and two team from Greenbank in Liverpool (the Bears and the Spartans) will face off to see... Refused advance UC hi I payed off my remaking advance of £299 on my payday 6/6/25 in order to be able to apply for another one which I did but only to be told No!! because you've paid of a "large" amount we won't issue you another advance today!! I explained I paid off the £299 as I needed more than that amount to buy a new bed & mattress for... Using The Community I wonder how many members take the time to be on the thread Using the community. It has some useful information and informs members how to use the community, how to engage and how to keep up with important information. It tells members what they have to do get different ranks and how this converts into time you have to edit... Backdated benefit cap Hi does anybody know if they back date you the benefit cap when awarded lower capability? My first fit note was submitted on the 21st Feb no gaps had my assessment yesterday went really well I think and someone's told me they can backdated this but IV not seen anything about this many thanks DD We need to carry on, not give up campaigning. Never give up to retain our welfare rights My understanding is that we are at the 2nd Stage of consultation: green paper of the Welfare Reform Act. You can still write to your MP: Google "FindyourMP UK", and write to the media, be it TV, radio, social media, or the press. You may think all is lost, or not, but this this not the time to succumb to cynicism and apathy.... Lasting Power of Attorney - Finances & Property - Advocacy This is a really hard for me to write ☹ I am at rock bottom and I'm scraping the sides of the barrel. I have struggled with both Mental and Physical Disabilities ever since my first breath. It's fair to say that my life has been like the Himalayan Mountain Range and for the last five years I've been stuck on the Hilary... Labour dominated Work and Pensions committee calls for Green Paper delay says WPC Labour dominated Work and Pensions committee calls for Green Paper delay PUBLISHED: 22 MAY 2025 from our friends at B&W The influential, Labour dominated Commons Work and Pensions committee (WPC) has written to the government calling for it to delay any changes to personal independence payment (PIP) eligibility and... Malicious neighbours reporting me Good morning everyone, I'm going through a really stressful time as I've got a neighbour who is stalking me when I stay at my partners house. She has been caught bragging about having reported me. Calling me 'a silly little b' and 'I won't be so happy when I've got no money.' So the insinuations are obvious. I don't know... Personal Independent payment, does carer's allowance get backpaid? Hi I am applied for personal independent payment and is on hearing i am not going to hearing and have been told by hmcts that i could take minimum 6month is this true or has anyone got any earlier date than 6month? Cheers Rent Increase in April is being taken from my Transitional Amount. Hi everyone, I am so lost. I do hope you can help me please. I migrated over to UC in November from Housing Benefit and ESA. I received the Transitional Amount so as I was no worse off. My rent increased in April and they have taken the rent increase amount, the difference between last years and this years rent, from the... Government I'm so sorry if I have upset anyone with my last post Spam on the community Good afternoon, A big thank you to everyone who reported the spam posts today, your support in keeping the community safe is truly appreciated. We experienced a few issues on the site this morning, including disappearing navigation bars, but everything should (mostly) be back to normal. We'll continue to monitor things... MS Awareness Week 2025 MS Awareness Week 2025 28 April to 4 May marks Multiple Sclerosis (MS) Awareness week. MS affects over 150,000 people in the UK, but like many conditions, it's not always easy to talk about it. That's why this year's theme is 'MS Conversations'. Many different MS charities and organisations are coming together to encourage...

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